



29-30 November 2013

Inaugural Meeting



Noto • Tina di Lorenzo Theatre • Italy

Chair Salvatore Morgia

Head of Gynaecology and Obstetrics
Department at "G. Trigona" Hospital
Noto - ASP Siracusa

Final Programme

Female Pelvic Floor Dysfunctions
in the Mediterranean:
A Region-based Approach

Welcome Message



Biagio Adile
MIPS President



Daa Rizk
Chairman of the
Executive Board

Dear Colleagues,

The Mediterranean Incontinence and Pelvic Floor Society (MIPS) was founded during the ICS Educational course held in Palermo, Sicily, Italy on 15-17 November, 2012. We believed that there was a need for a professional organization to include Urologists and Gynaecologists interested in incontinence care and pelvic floor health from the Mediterranean region. This will facilitate an exchange of experience and knowledge related to incontinence and pelvic floor dysfunctions between Mediterranean countries within a close geographical location and with similar socio-cultural backgrounds.

We, in the Executive Board, are very optimistic about the future of our society. The Executive Board put a great effort and time to draft the

bylaws, governance, terms of reference, membership package, affiliation agreements with FIGO, ICS and IUGA and the other administrative and financial framework of the organization. Our education and trainees committees, chaired by Prof. Stefano Salvatore and Prof. Adolf Lukanovic, prepared an excellent scientific programme that is specific to both physician educational needs and patient care priorities in our countries. The Meeting Chair, Dr. Salvatore Morgia and our Executive Director, Ms. Natalia Trotta, with the assistance of the local organizing committee, have organized a very interesting social programme and the meeting venue is the beautiful and historical "Tina di Lorenzo Theatre" (ex Vittorio Emanuele Theatre) of Noto, famous for hosting national and international Opera works.

As a distinguished leader in incontinence and pelvic floor care in your own Mediterranean country, we would like to cordially invite you to join our new Society and attend our first inaugural meeting to contribute to our mission. We are very excited about this opportunity to further the collaboration and friendship between incontinence physicians working in the Mediterranean region with a consequent positive impact on incontinence care and service delivery to our patients.

We, in the Executive Board, are very keen that you will be able to attend and provide your input. Your participation in the General Assembly is very important to us because we want to listen to your views and experience on how to improve and build on our current work. This is an opportunity for all new members to play an active role in our society.

We look forward to meeting all of you in Noto in November.

Biagio Adile and Daa Rizk



Salvatore Morgia
Meeting Chair

Dear All,

It will be an honour and a pleasure to host you in Noto next November, on the occasion of the MIPS Inaugural Meeting.

I wish you all appreciate and take advantage of such an important and appealing scientific meeting to enjoy the wonderful natural and artistic attractions of Noto, nowadays considered as one of the most famous worldwide center for Baroque and UNESCO World Heritage site.

Many thanks for your participation and I hope to see you all on November, 29th.

Salvatore Morgia

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09.00 - 10.15 CME Session 1 | The Pelvic Floor during Pregnancy and Childbirth
 B. ADILE, M. CERVIGNI, M. PETRONIO

09:00 - 09:20 Prevalence and pathogenesis of pelvic floor dysfunctions related to pregnancy and childbirth. Preventive Urogynecology? D. RIZK

09:20 - 09:40 Prevention and management of anal sphincter injury and faecal incontinence A. LUKANOVIC

09:40 - 10:00 PACS LECTURE | Obstetric urinary fistulae: prevention and management S. MOURAD

10:00 - 10:15 Discussion

10:15 - 10:45 Coffee Break and Visit the Exhibits and Posters

10:45 - 13:30 CME Session 2 | Evaluation and Management of Pelvic Organ Prolapse [POP]
 D. RIZK, Ö. YALÇIN, H. A. M. VERVEST

10:45 - 11:05 The modern assessment and classification of POP A. DIGESU

11:05 - 11:25 IUGA LECTURE | Introduction: M. Cervigni
 Assessment and management of POP with occult stress urinary incontinence H. A. M. VERVEST

11:25 - 11:45 AUGS LECTURE | Evidence-Based surgical management of POP, Traditional Repair M. KARRAM

11:45 - 12:05 Evidence-Based surgical management of POP, Mesh Repair B. FATTON

12:05 - 12:25 AIUG LECTURE | Robotics in Urogynecology M. CERVIGNI

12:25 - 12:40 Discussion

12:40 - 13:10 **ASTELLAS LECTURE**
 Chair: B. Adile
 Innovative approaches to the treatment of overactive bladder: the role of Mirabegron M. CERVIGNI

13:10 - 13:30 Abstract Session 1 | Oral Presentation

1 EMG analysis of anal sphincter innervations after episiotomy

D. Riva, E. Raimondi, A. Botter, A. Lukanovic, K. Drusany-Staric, C. Cescon, V. Zacesta, R. Merletti
 Milan - Italy

2 Autologous muscle derived stem cell injection for stress urinary incontinence

M. Blaganje, A. Lukanovic
 Ljubljana, Slovenia

- 13:30 - 14:20 Lunch
- 14:20 - 15:55 CME Session 3 | Trainees and Fellows Session**
S. SALVATORE, B. FATTON, A. LUKANOVIC
- 14:20 - 14:35 International Training Guidelines in Urogynecology/Female Urology:
The Mediterranean Perspective Ö. YALÇIN
- 14:35 - 14:55 How to write a Scientific Paper? D. RIZK
- 14:55 - 15:05 Discussion
- 15:05 - 15:25 **Abstract Session 2 | Oral Presentation**
- 3 High Impact sports related urinary incontinence in a female Portuguese population - relation between sports activity and losses and frequency/perception of losses**
J. Preza-Fernandes, A. Lopes, M. Castanheira Oliveira, R. Granja, M. J Gomes, A. Fraga
Porto, Portugal
- 4 Laparoscopic transabdominal transvesical repair of supra-trigonal vesico-vaginal fistula (Video)**
R. Sanseverino, O. Intilla, G. Napodano, U. Di Mauro, G. Molisso, T. Realfonso
Salerno, Italy
- 15:25 - 15:55 **KVANTUM MED LECTURE**
Automated pelvic floor muscle training: experience and practice
A. LUKANOVIC
- 15:55 - 16:25 Coffee Break and Visit the Exhibits and Posters
- 16.25 - 17.20 CME Session 4 | Adverse Impact of Female Pelvic Floor Dysfunction**
E. COSTANTINI, S. TOSSON, A. PERINO
- 16:25 - 16:40 Update on Chronic Pelvic Pain Syndromes in women F. PESCE
- 16:40 - 16:55 Female Sexual Dysfunction S. SALVATORE
- 16:55 - 17:10 Clinical Case Presentation S. MORGIA
- 17:10 - 17:20 Discussion
- 17:20 - 17:30 Candida Albicans and Urinary tract infections V. LEANZA
- 18.00 - 19.30 OPENING CEREMONY**
- Local Authorities' Greetings
Between Helen and Penelope:
The roles of Women in the Mediterranean societies N. CORBINO
- 20:30 - 23:00 CHAIR'S DINNER**

DAY 2 | NOVEMBER 30, 2013

- 09:00 - 10:15** CME Session 5 | Evaluation of Female Urinary Incontinence [UI]
P. PALMA, M. J GOMES, J. HEESAKKERS
- 09:00 - 09:20 EAU LECTURE | Introduction: G. Scambia
UI in women-Description, Types and Evaluation
by ICS Algorithms J. HEESAKKERS
- 09:20 - 09:40 Epidemiology and risk factors of UI in women S. CHARALAMPOUS
E. COSTANTINI
- 09:40 - 10:00 Urodynamic studies for female UI: When and Why? C. ERRANDO
- 10:00 - 10:15 Discussion
- 10:15 - 10:45 Coffee Break and Visit the Exhibits and Posters
- 10:45 - 12:35** CME Session 6 | Management of Female UI
C. ERRANDO, S. MOURAD, S. CHARALAMPOUS
- 10:45 - 11:05 CAU LECTURE | Evidence-based surgical management of female Stress UI:
What sling in what patient? P. PALMA
- 11:05 - 11:25 Recent advances in local injection therapy
of female stress UI B. ADILE
- 11:25 - 11:45 SINUG LECTURE | Pharmacological treatment of the Overactive Bladder
Syndrome (OAB) in women M. J GOMES
- 11:45 - 12:05 SIUD LECTURE | Overview of new therapeutic interventions for OAB in
women (SNS and Botulinum toxin injections) G. DEL POPOLO
- 12:05 - 12:15 Discussion
- 12:15 - 12:30 Scientific and Education Committee Chairs Conclusions
and Key Messages B. FATTON, S. SALVATORE, D. RIZK
- 12:30 - 13:00 Light Lunch
- 13:00 - 14:00 MIPS ANNUAL GENERAL MEETING
- 14:00 - 16:10** MIPS WORKSHOP: Dynamic Anatomy of Pelvic Floor as it translates to
practical clinical management | PETER PETROS
- 14:00 14:15 History of midurethral sling and Integral theory P. PETROS
14:15 14:20 Discussion
- 14:20 14:35 Role of connective tissue in function and dysfunction B. LIEDL
14:35 14:40 Discussion

14:40	14:55	Diagnostic system including simulated operations	A. GUNNEMANN
14:55	15:00	Discussion	
15:00	15:10	Minimally invasive precisely inserted tapes reinforce damaged pelvic ligaments by creation of new collagen - technical details	B. LIEDL
15:10	15:15	Discussion	
15:15	15:30	Tethered vagina syndrome - diagnosis, surgical repair and results	A. GUNNEMANN
15:30	15:35	Discussion	
Cure of dysfunctions by surgery - actual data			
15:35	15:40	Stress urinary incontinence - reconstructed by TFS	P. PETROS
15:40	15:45	Urgency, urge incontinence, nocturia, cured by surgery	B. LIEDL
15:45	15:50	Abnormal emptying of the bladder, cured by surgery	A. GUNNEMANN
15:50	15:55	Anorectal dysfunction, cured by surgery	P. PETROS
15:55	16:00	Pelvic pain caused by apical prolapse, cured by surgery	B. LIEDL
16:00	16:10	Discussion	

Non-Discussion Poster Abstract

- 1 Efficient occlusion of high rectovaginal fistula by instillation of tissue adhesive
I. Marton, D. Habek, M. Prka
- 2 Anterior vaginal prolapse: surgical results and quality-of-life after transvaginal mesh implant
T. Brancato, P. Nupieri, R. D'Ascenzo, G. Orsolini, F. Suriano, G. Paulis, R. Alvaro
- 3 Efficacy and safety of treatment with Botulinum Toxin A in Bladder Pain Syndrome
M.J.M. López, R.C.B. Gutiérrez, C.S. Errando, B.P. Arañó, M.H. Villavicencio
- 4 The role of Magnetic Resonance in the study of surgery of POP (Pelvic Organ Prolapse)
T. Gentile, G. Giunta, M.G. Matarazzo, C. Falduzzi, A. Cianci
- 5 Effects of raloxifene on stress incontinence
S. D'Amico, C. Falduzzi, M.G. Matarazzo, G. Giunta, A. Cianci
- 6 Clitoral blood flow after transobturator (TOT) approach
F. Sullo, M.G. Matarazzo, G. Giunta, C. Falduzzi, L. Lo Presti, A. Cianci
- 7 Long-term efficacy of transvaginal adjustable mesh (TVA) in stress urinary incontinence or stress predominant mixed urinary incontinence
B.H. Perez-Seoane, A.I. López, L.P. Verdú, B.J.J. Pacheco, T.C. Pérez, P.L. Gómez, M.J. Romero
- 8 The role of trans-labial ultrasonography in diagnosis of female urethral diverticula
G. Gugliotta, G. Calagna, G. Adile, M. Giunta, A. Perino, P. Speciale, B. Adile
- 9 Intravesical instillation of hyaluronic acid and chondroitin sulphate to prevent the recurrent bacterial cystitis. A retrospective analysis of large patient cohort
B. Adile, G. Calagna, G. Adile, G. Gugliotta, S. Polito, P. Speciale, R. Granese, G. Cucinella, A. Perino

- 10 Trans Obturator Male Sling in stress urinary incontinence after radical prostatectomy. One year follow up results
M. Di Marco, A. Fraioli, R. Parascani, M. Mattioli, M.C. Greco, B. Mastrangeli
- 11 Posterior Tibial Nerve Stimulation (PTNS) in the treatment of Neurogenic Overactive Bladder Syndrome
A. Fraioli, M. Di Marco, A. Rabini, M. Mattioli, R. Parascani, M.C. Greco, D. Piazzini
- 12 Lower urinary tract symptoms in patients 65 years and older presenting to a Urogynecology Clinic and effect on quality of life
F. Gungor Ugurlucan, C. Yasa, C. Gunaydin, G. Ayvacikli, Ö. Yalçın
- 13 Acute urinary retention caused by Cervical Mass
C. Yasa, F. Gungor Ugurlucan, E. Bastu, Ö. Yalçın
- 14 Uterine Prolapsus caused by Non-Puerperal Uterine Inversion
C. Yasa, F. Gungor Ugurlucan, O. Dural, Ö. Yalçın
- 15 Distribution of the pelvic floor muscle fibers based on MR tractography and Finite Element Method
S. Brandão, M. Parente, T. Da Roza, H. Ferreira, T. Mascarenhas, I. Ramos, R. Natal
- 16 The assesment of the pelvic floor muscle by three-dimensional ultrasonography
N. Capan, H. Kapran, A. Karan, Z. Kirkali Albayrak, E. Akalin, N. Eskiuyurt, Ö. Yalçın
- 17 Evaluation of transobturator tension-free vaginal tapes in the surgical management of women with mixed urinary incontinence: one year outcomes
S. Bandiera
- 18 Urgent-SQ implant in patients with overactive bladder syndrome: outcomes of 9 year follow-up
D. Janssen, F. Farag, J. Heesakkers
- 19 Posterior Tibial Nerve Stimulation in overactive bladder - Preliminary study
A. Lopes, M. J Gomes, S. Maia, J. Preza-Fernandes
- 20 Evaluation of a new device Acticuf™ in treatment of early stress incontinence after laparoscopic radical prostatectomy
M. Di Marco, A. Fraioli, R. Parascani, M. Mattioli, M.C. Greco, B. Mastrangeli
- 21 The role of the endoanal ultrasound in diagnosing of anal sphincter tears
K. Drusany Starič, C. Cescon, V. Začesta, A Lukanovic
- 22 After FDA´s report, Portugal makes its balance on prolapse surgery
A. Rocha, M. Mascarenhas Saraiva Jr, S. Fernandes, F. Lopes, A. Freitas, T. Mascarenhas, P. Nogueira, A. Ricon Ferraz

General Information

▶ ITALIAN CME POINTS

CME points are available for Gynecologists, Urologists, Surgeons, Physiotherapists, Nurses. To get CME points, every participant must attend 100% of scientific sessions, sign in the attendance register and pass the final evaluation test. Minimum score: 75% correct answers. Abstract Sessions and Sponsored Lectures are not included in the CME educational programme.

▶ LANGUAGE

The official language of the Meeting is English.

▶ CONFERENCE COSTS

MEMBERS

	Until 11/10/13	After
MD, PhD	300 €	400 €
Nurses/Physioterapists	200 €	300 €
Resident/Trainee/Research Fellow	200 €	300 €
Least Developed Country Workshop 50€	150 €	200 €

NON MEMBERS

	Until 11/10/13	After
MD, PHD, Nurses/Physioterapists,	420€	520€
Resident/Trainee/Research Fellow,	250€	320€
Least Developed Country Workshop 70€		

All costs are in euros, VAT free.
The registration fee includes:
certificate of attendance, CME
papers, coffee breaks and lunch.

Cancellation Policy

Refund of registration fees will
be made as follows:
Post-marked prior to October, 25
- refund less 25%. After this date,
no refund can be made.

Further information available at
www.mipsnet.org

▶ HOTELS

The Hotel booking option has expired on the 30th September. However the Secretariat is available for bookings on request, according to the hotels availability.

Further information available at www.mipsnet.org

▶ TRANSPORTATION

Ground shuttle service from Catania Airport to hotels in Noto for the delegates of the Congress can be arranged at special rate and by reservation. Please contact the organizing secretariat in advance for timetables and fares in agreement within November 10th.

Last minute reservations are not possible.

▶ CHAIR'S DINNER

The Chair's Dinner, planned for 08.30 pm on the 29th November 2013 at Palazzo Nicolaci, is for Speakers and Executive Board Guests only. All the other Meeting Delegates must consider it as a free evening.



MIPS MED-ART 2013

Patrizia Ajello, famous mediterranean
artist, will exhibit at the MIPS Inaugural
Meeting.

Changing tomorrow



Astellas has a vision to change tomorrow. Through our commitment to providing patients with hope for a brighter future, we aim to lead the way in our areas of therapeutic expertise; focusing where medical needs remain unmet. Through innovation, Astellas will continue to identify and develop new ways to improve the health of patients. Our aim is that we will discover tomorrow's medical solutions to today's healthcare problems. In this, as in everything we do, Astellas is committed to the success that comes from CHANGING TOMORROW.

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ONCOLOGY
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Automated pelvic floor muscle training.



The Pelvic Floor

Weaknesses in the strength and coordination of the Pelvic Floor Muscles (and the supporting fascia & ligaments) and subsequent prolapse of the urinary and reproductive organs is generally accepted as the most important reason for Urinary & Fecal Incontinence and also is one of the key underlying causes of Erectile Dysfunction. Doctors generally recommend Pelvic Floor Muscle exercises as first line of treatment. These are normally self exercises (i.e. Kegel) with the help of specialized Pelvic Floor physiotherapists, but these self-exercise have some obvious disadvantages. The TPM - Transpelvine magnetic

stimulation, takes away these disadvantages and allows for automated, standardized and highly effective training of the PFM's.

The result is sharp improvement in strength and coordination of the muscles resulting in a faster rehabilitation of continence and sexual function.

For more informations please contact us on email info@kvatmmmed.com or visit our web page www.kvantummed.com


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