

Aesthetic Surgery Of External Female Genital Organs

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What's the difference between the wish of a general cosmetic plastic surgery such as a face lift, a rhynoplasty, a mastoplastic augmentation and the desire of a gynecological aesthetic and plastic surgery?

NONE!

The Patient's Wishes

Why does a woman desire cosmetic plastic gynecological surgery?

- ❖ In order to rectify vulvar and vaginal structures (aesthetically)
- ❖ In order to rectify vulvar and vaginal structures to improve the act of sexual intercourse

Objectives of Cosmetic Plastic Gynecological Surgery

- ❖ To restore damages due to ageing and child birth
- ❖ To improve external genital aspect, giving it a younger and natural look.
- ❖ To gain self confidence and for the enhancement of sexual gratification

Plastic Gynecological Surgery

What can it offer patients?

- ❖ Vaginal Rejuvenation
- ❖ Vulvar Rejuvenation (Vulvar Aesthetic Surgical Procedures)

Special Surgical Instruments

- ❖ Laser
- ❖ Bipolar Forceps
- ❖ Micro Tip for electrosurgical scalpel
- ❖ Surgeon's well trained hands and a creative mind

Surgical Laser Device

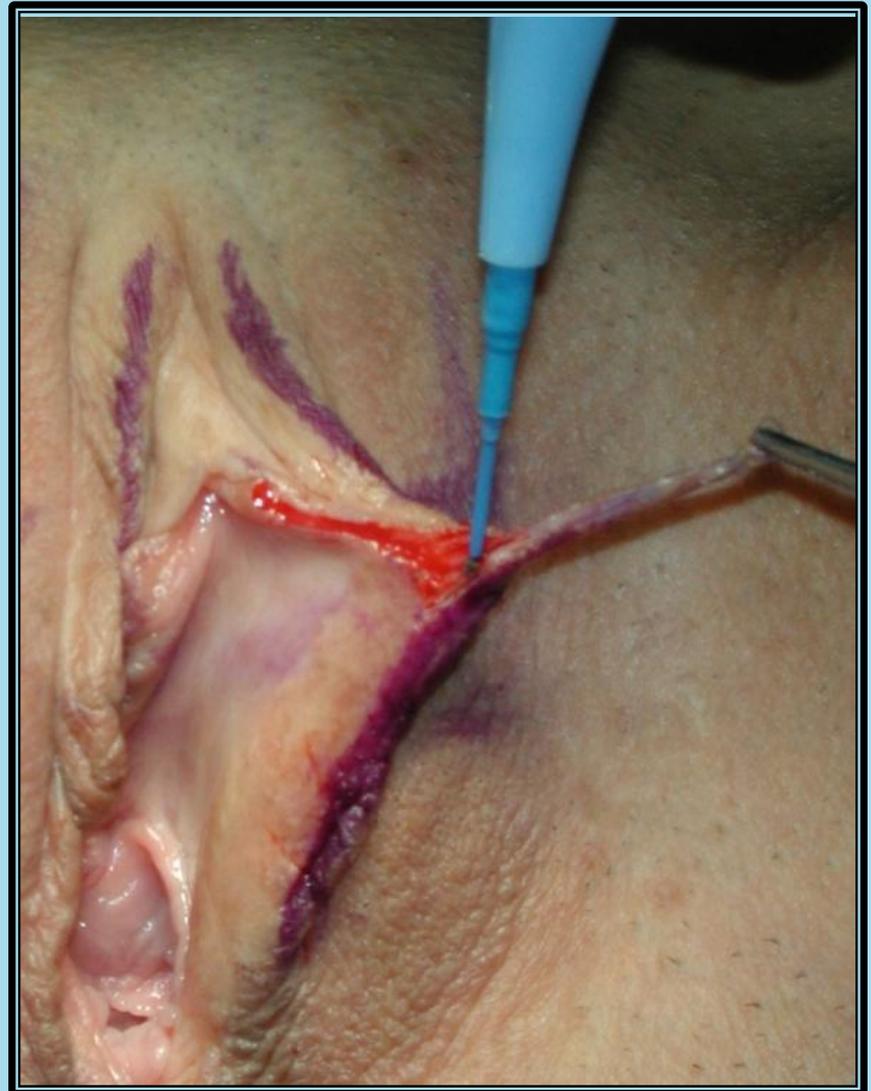
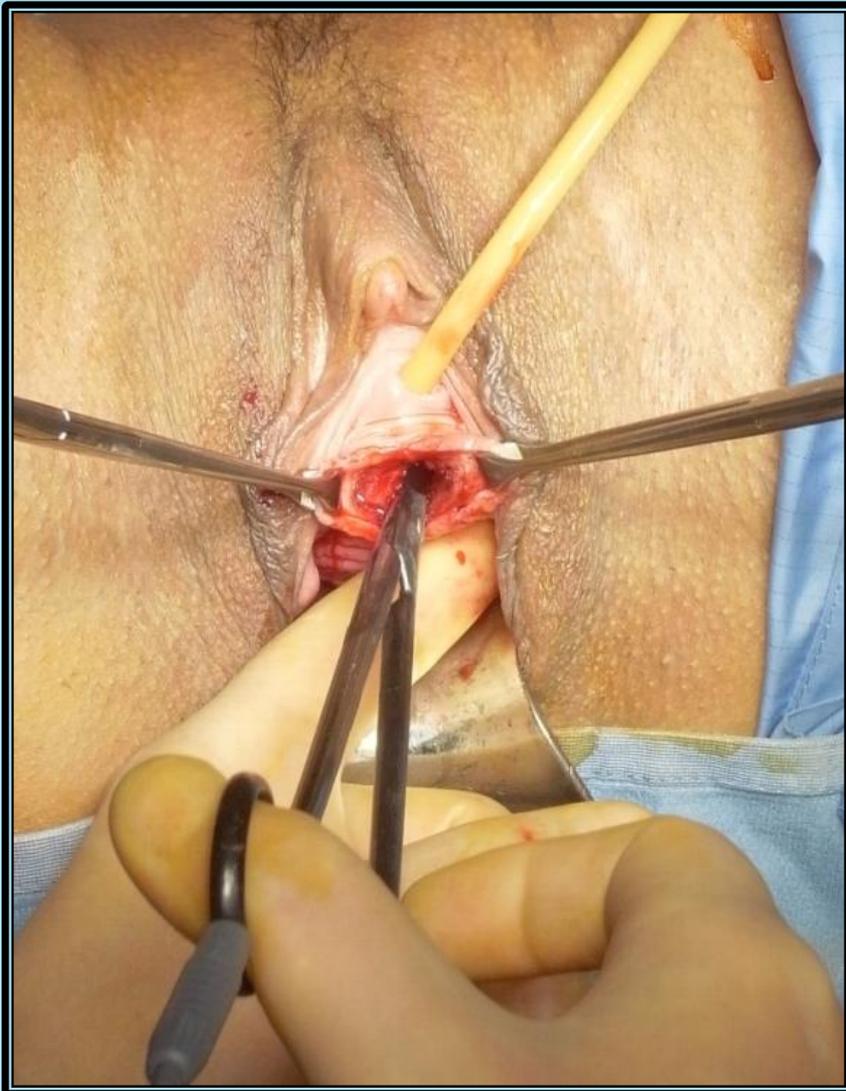
- ❖ **Diode:**
980 nm
- ❖ **Power:**
30 Watts
- ❖ **Energy:**
Pulsed/Continuous



Laser Labiaplasty and Laser Perineoplasty



Bipolar Forceps & Micro Tip



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Hand and Mind



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Plastic Gynecological Surgery

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VAGINAL REJUVENATION OFFERS

Vaginoplasty:

- ❖ Restores vaginal damages
- ❖ Modifies the inside of the vaginal canal and the introitus
- ❖ Resolves stress urinary incontinence

Perineoplasty:

- ❖ Improves muscle tone
- ❖ Reduces discomfort from scar tissues

Vulvar Rejuvenation Offers

Vulvar aesthetic surgical procedures:

- ❖ *L. Minora Labiaplasty (Reduction)*
- ❖ *Labia Majora and Mons Pubis (Reduction, Augmentation, Lift)*
- ❖ *Perineoplasty (scars, introitus)*
- ❖ *Hymenoplasty*

Reasons for Labiaplasty (Labia Minora)

- ❖ *Aesthetic*
- ❖ *Functional*
- ❖ *Psychological*

Reasons for Labiaplasty (Labia Minora)

Aesthetic:

***due to size, asymmetry, uneven edges
and pigmentation of labia minora***

Reasons for Labiaplasty (Labia Minora)

Functional:

- *due to irritation and pain caused by certain activities...*
- *due to discomfort with clothing*
- *due to multi-directional urine stream*

Reasons for Labiaplasty

Psychological:

insecure and low self-esteem

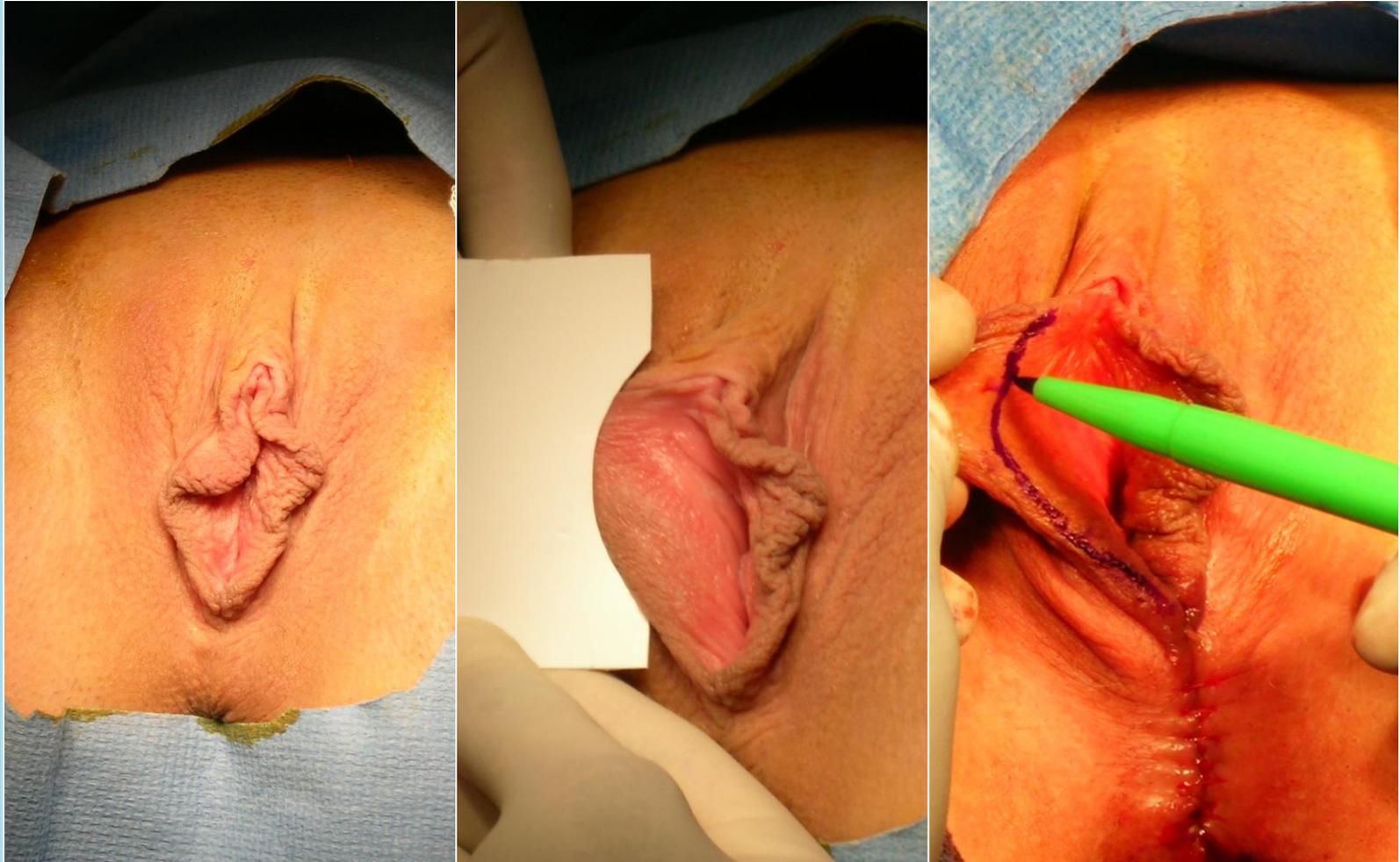
Labia Minora Asymmetry



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Labia Minora Labiaplasty

Pre Operative Marking





Laser Labiaplasty: *Labia Minora Hypertrophy and Asymmetry*



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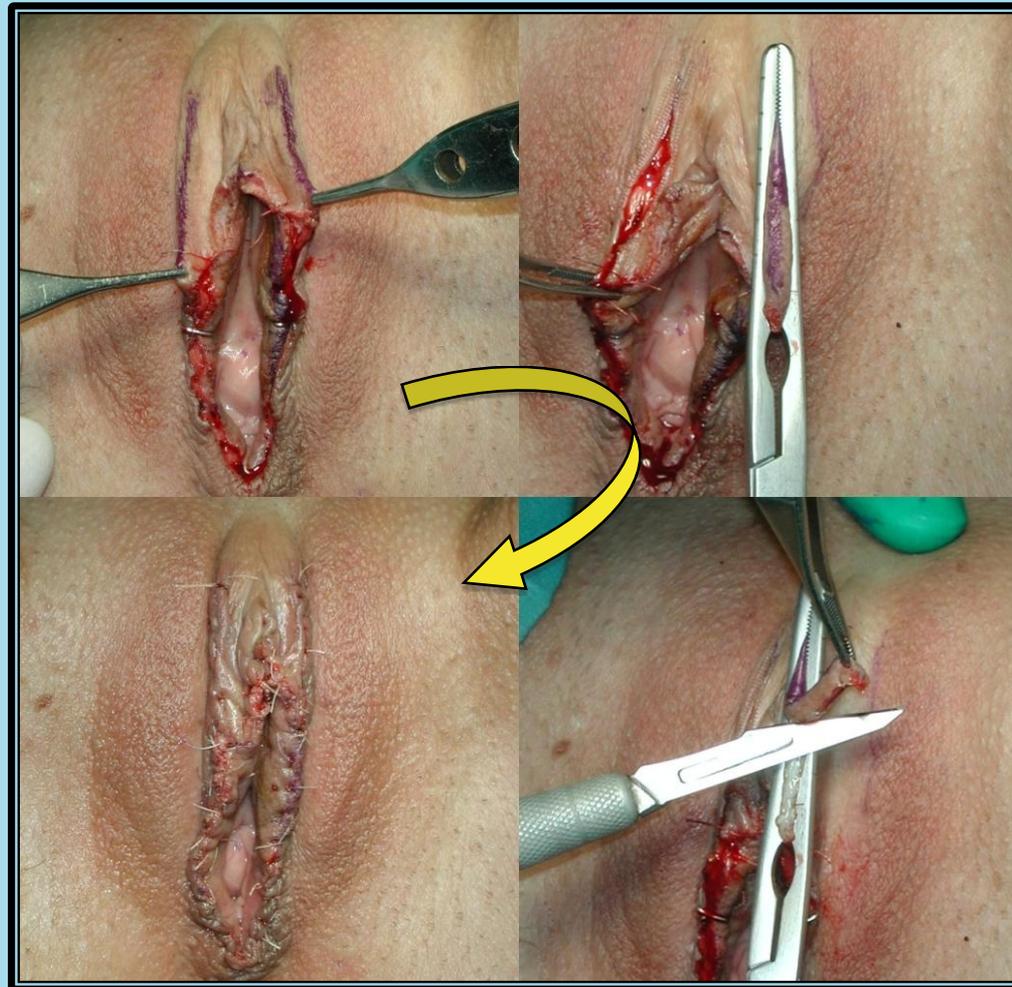
Labiaplasty

Hypertrophy and Asymmetry



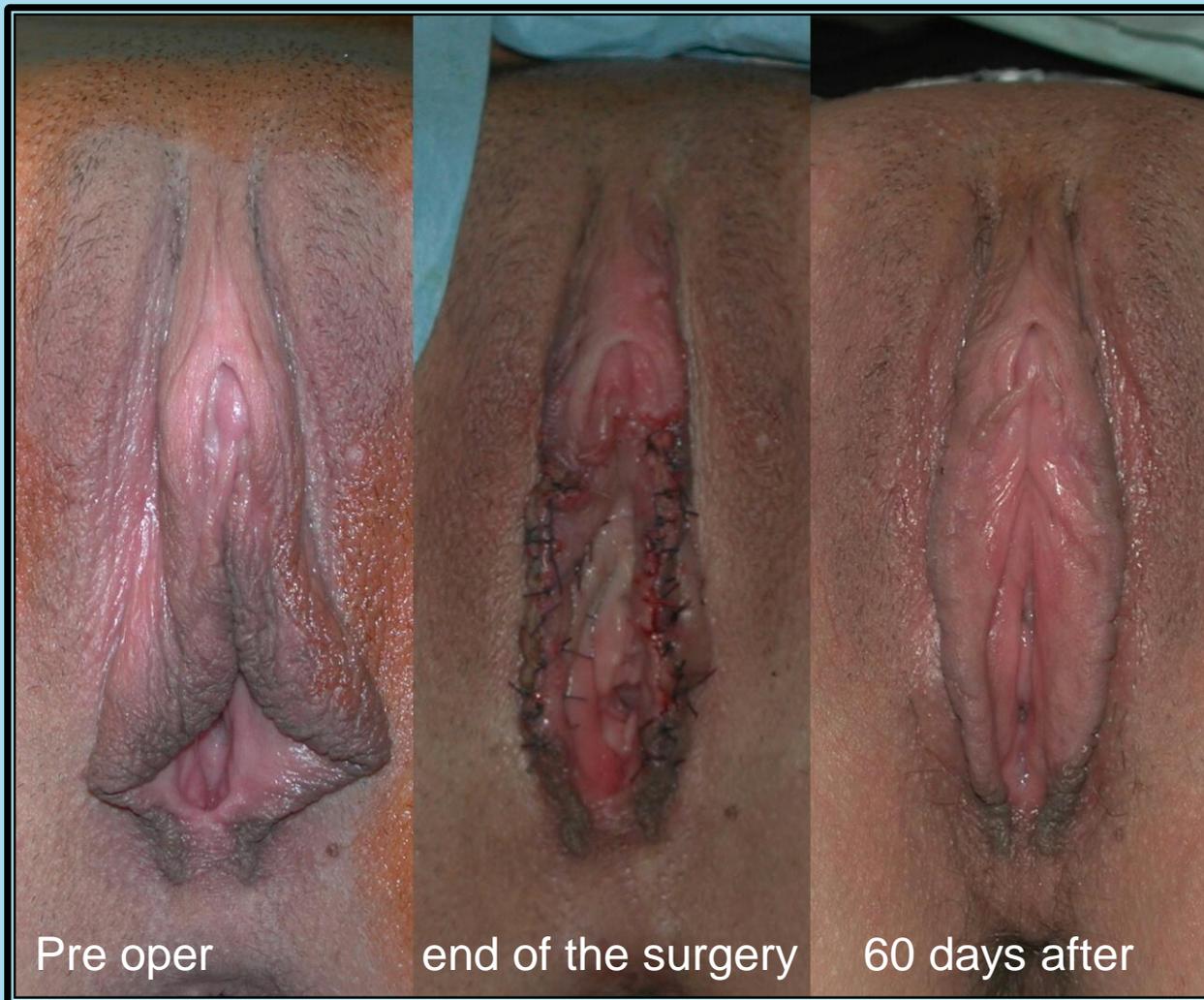
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Reductive Clitoral Hoodoplasty & Labiaplasty



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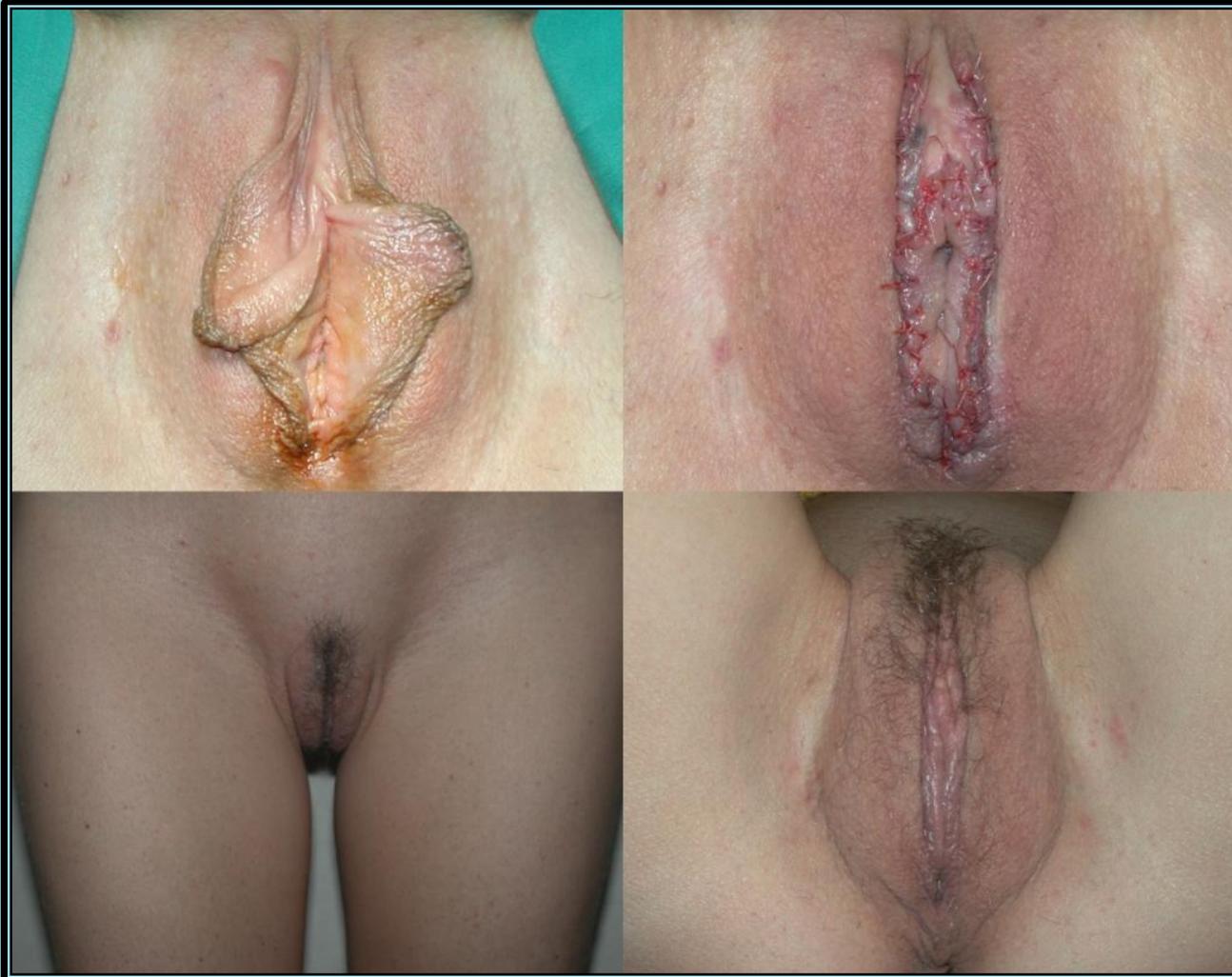
Labia Minora Labiaplasty with Clitoral Hoodoplasty & Frenulum



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Labiaplasty:

Duplication and Hypertrophy of Labia Minora



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Labia Minora Labiaplasty with Perineoplasty



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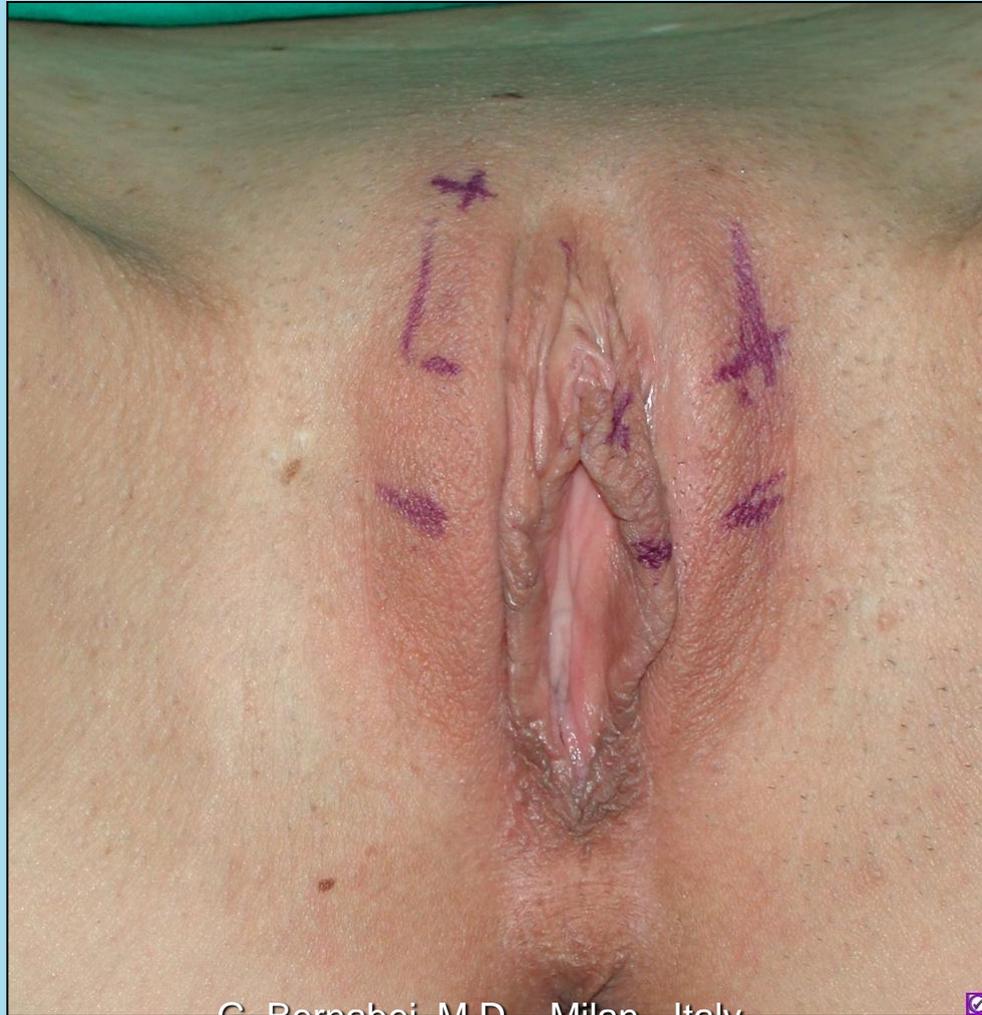
Labia Minora Labiaplasty and Labia Majora Fat Graft



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Labia Minora: Labioplasty

Labia Majora: Fat Graft

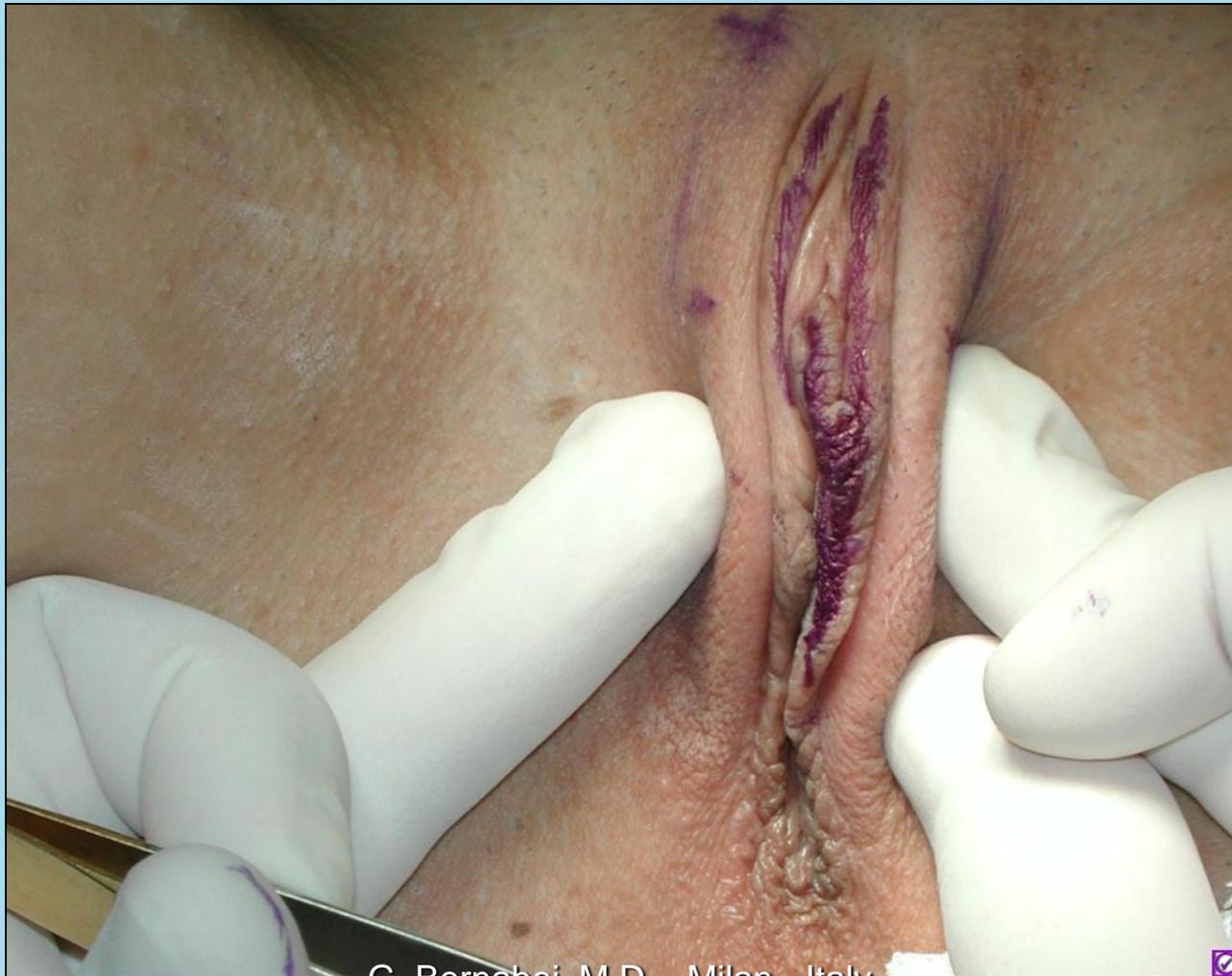


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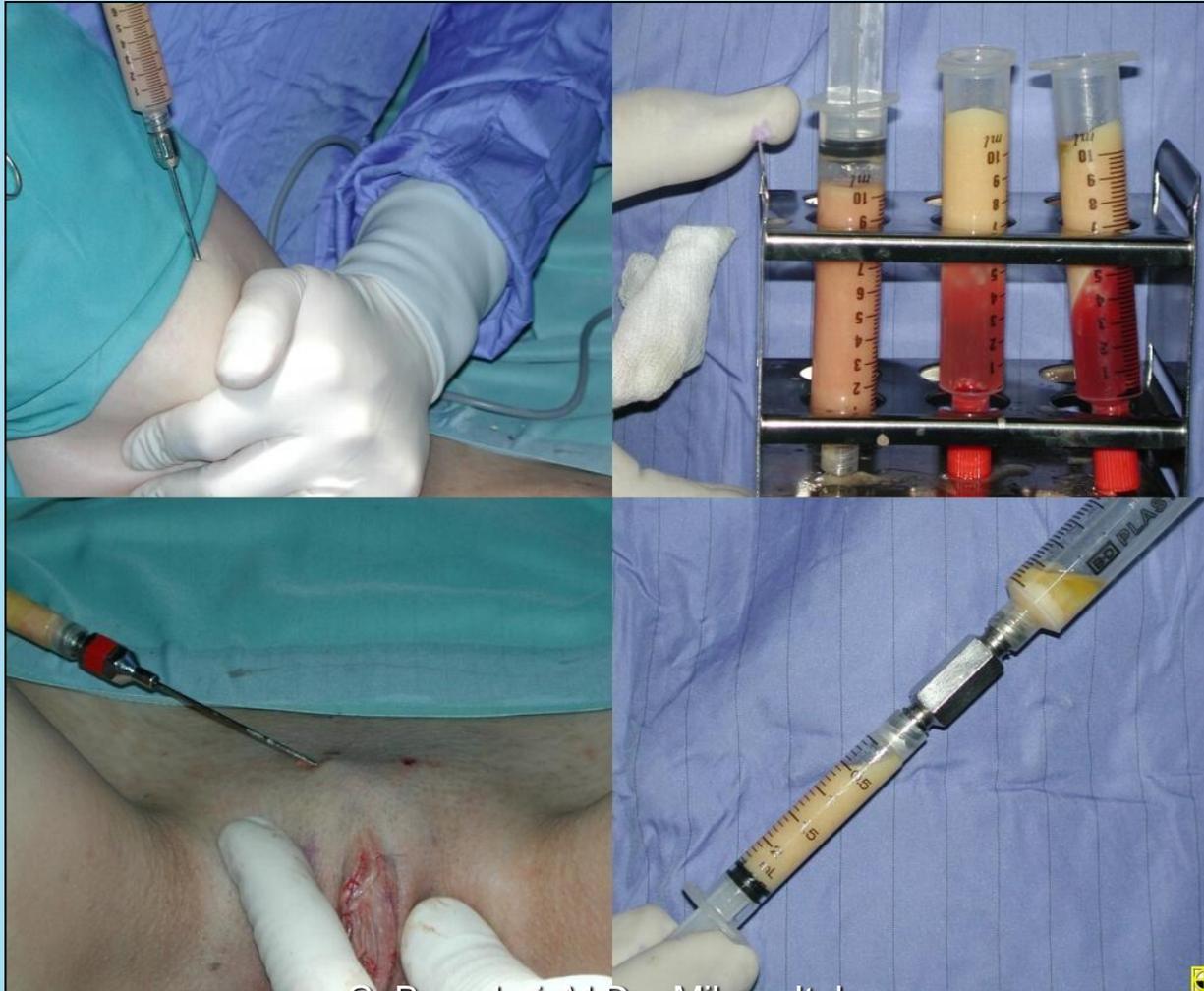
Labia Minora: Labioplasty

Labia Majora: Fat Graft



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Labia Majora Augmentation By Fat Graft (Coleman)



Labia Majora Augmentation By Fat Graft (Coleman)



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Labia Majora Augmentation By Fat Graft (Coleman)



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Labia Minora: Labioplasty

Labia Majora: Fat Graft



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Labia Minora: Labioplasty

Labia Majora: Fat Graft



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Labia Majora Augmentation By Fat Graft (Coleman)



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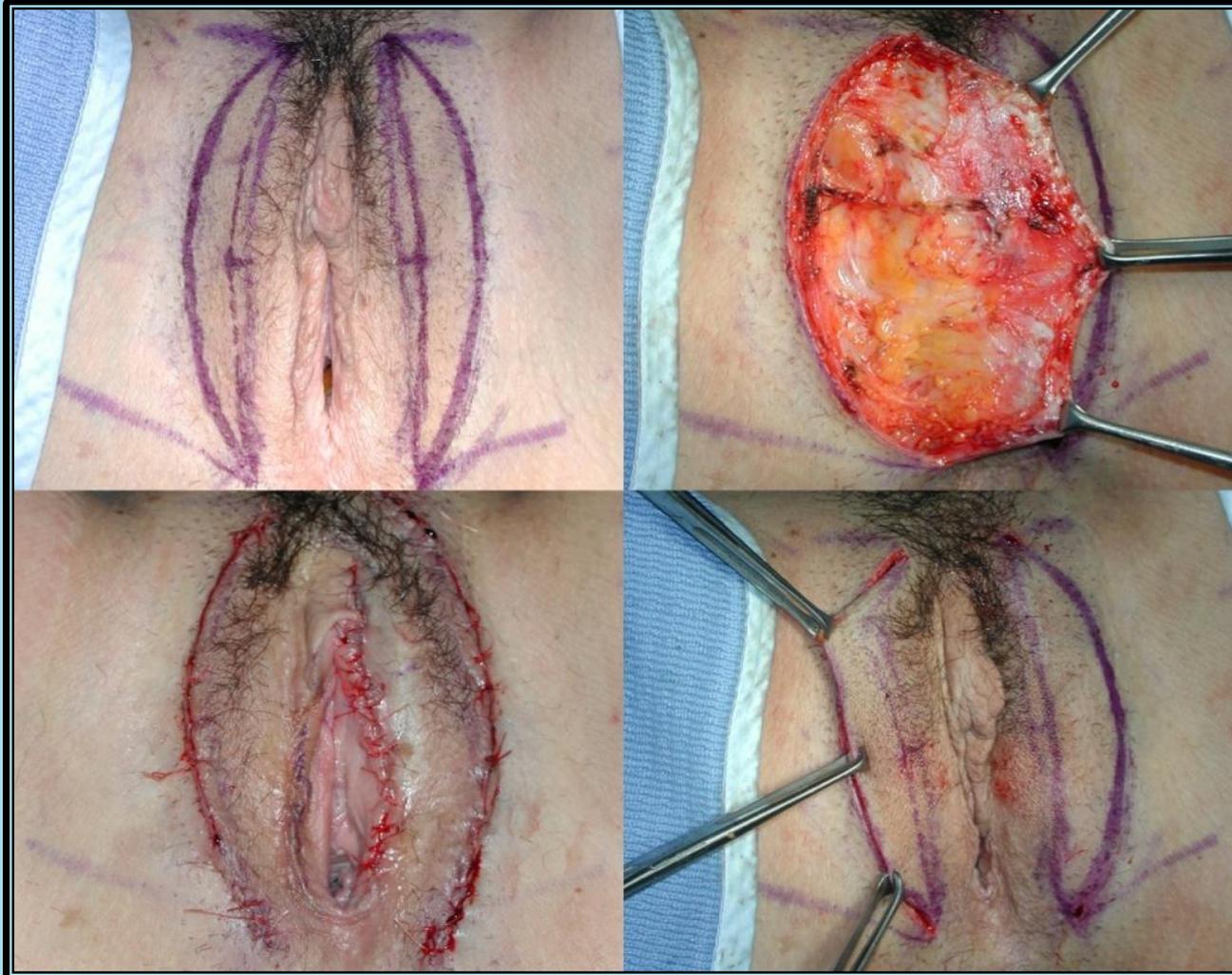
Labia Majora Hypertrophy

(With Labia Minora Asymmetry)



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Labia Majora Reduction (With Left Labium Minor Labiaplasty)



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Labia Majora Reduction



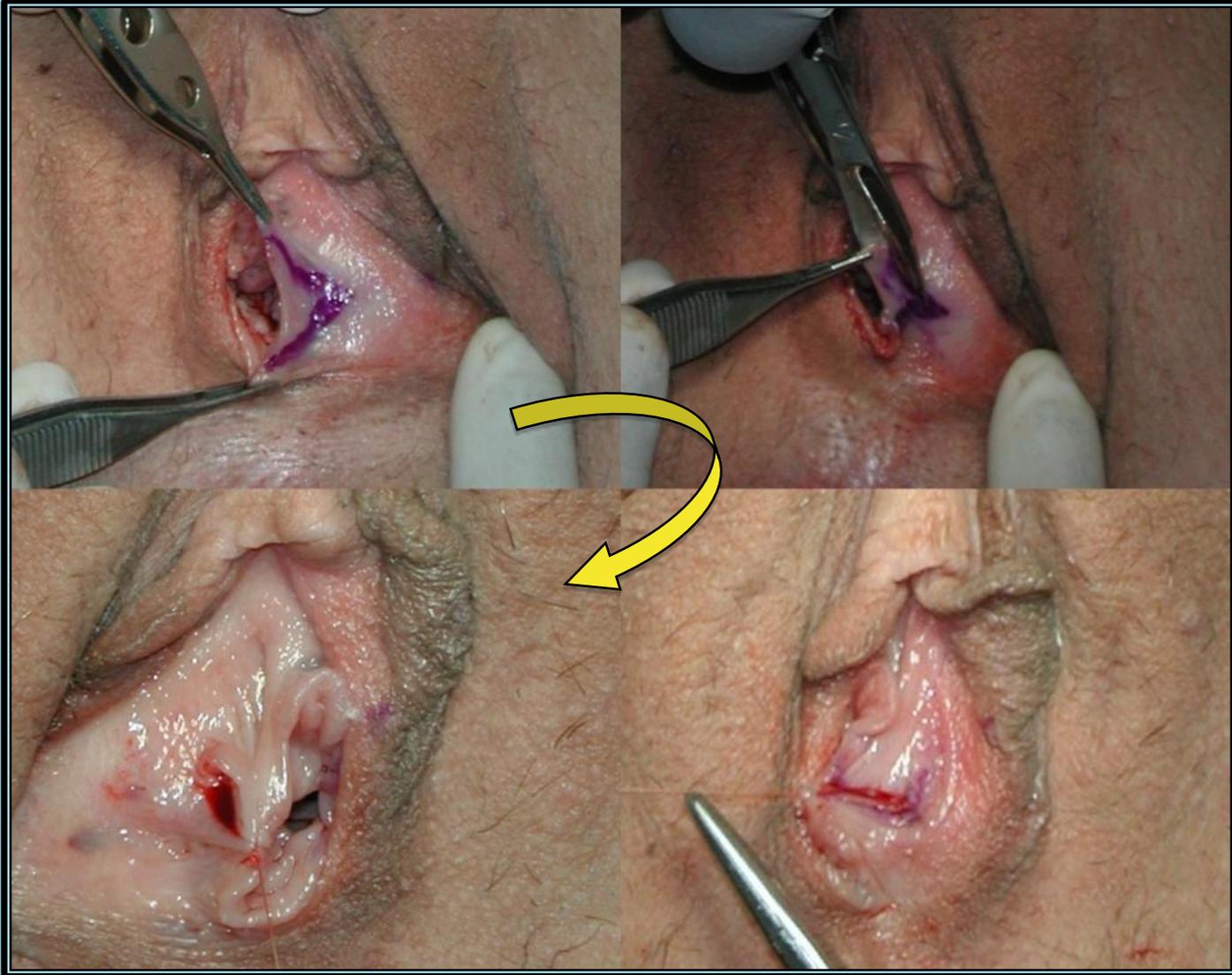
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Labia Majora Reduction



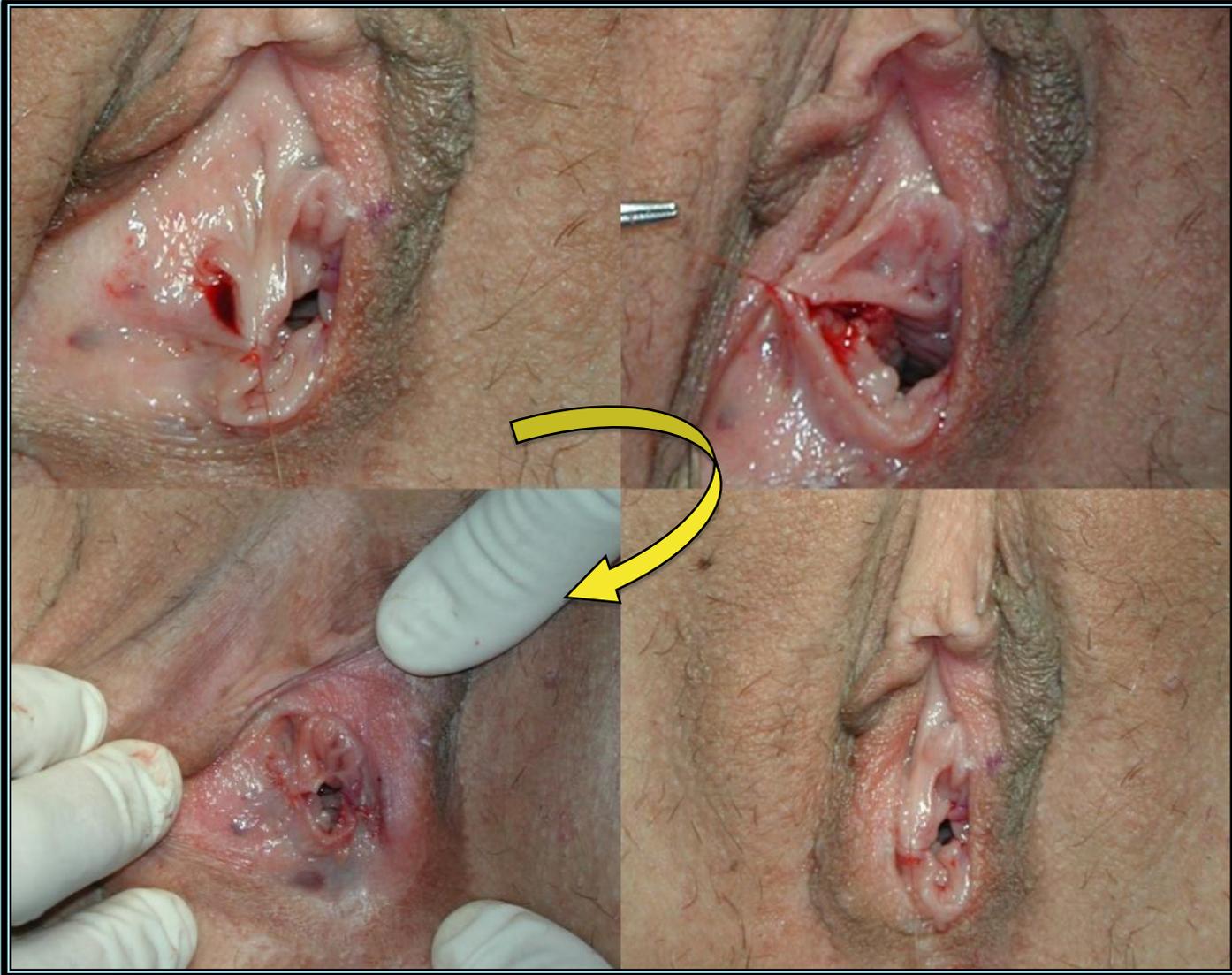
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Hymenoplasty



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Hymenoplasty

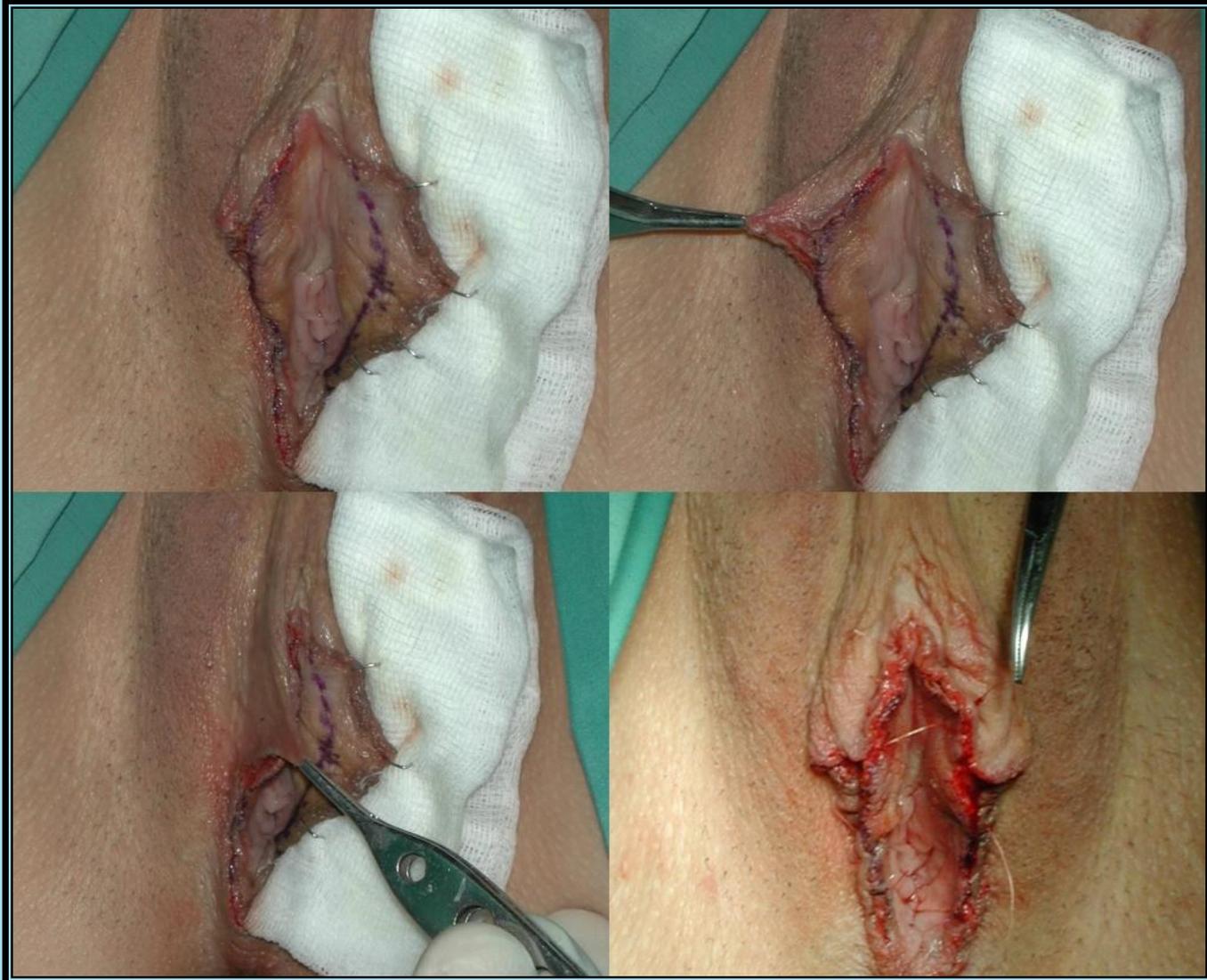


This Type of Surgery Requires Accurate Evaluation...



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...Cautious Execution...



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...Precision in Details...



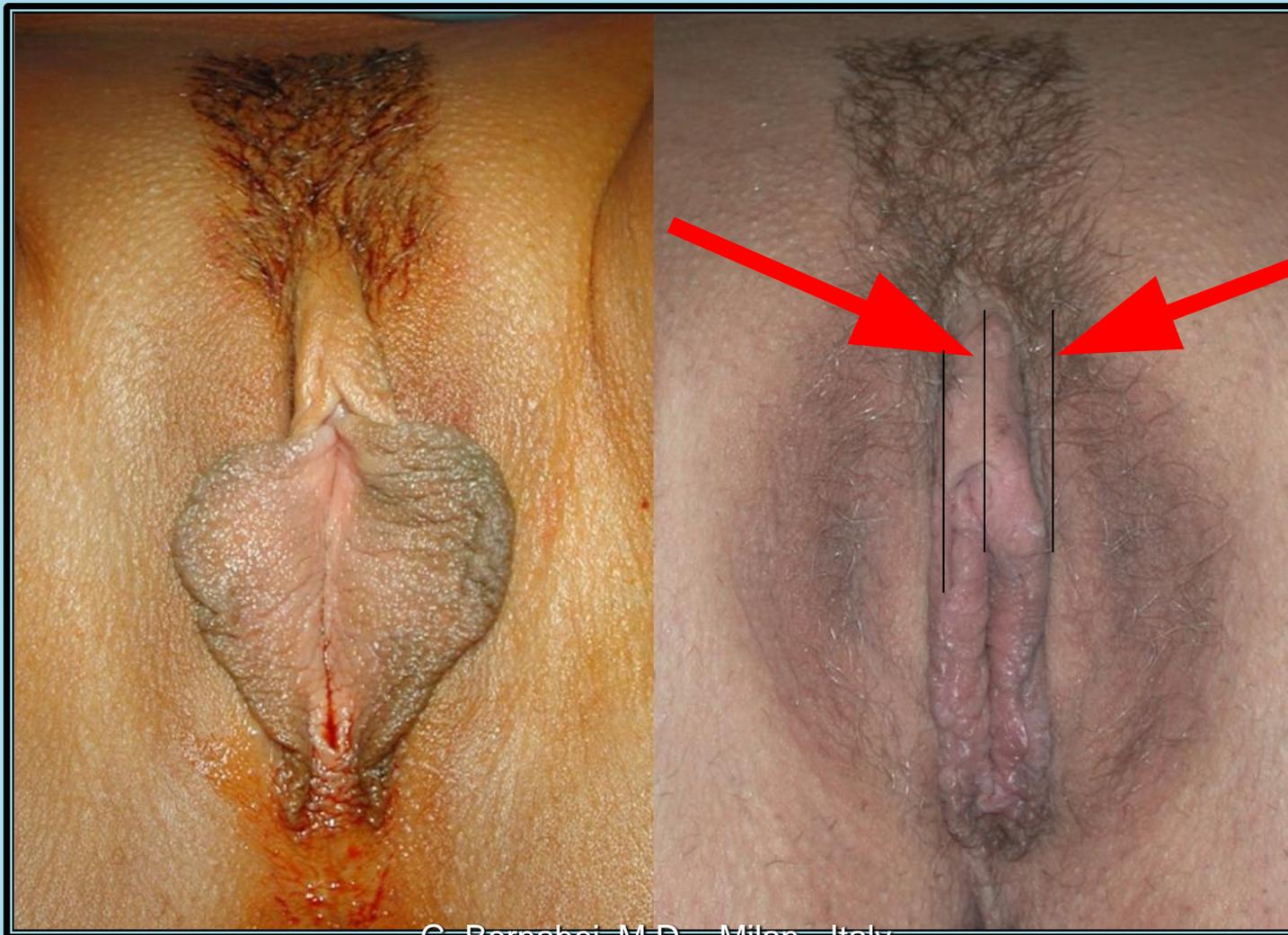
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...Requirement of End Results



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Case of a Patient's Excessive Requirement of end Result



Anesthesia and Recovery Time

- ❖ Anesthesia: Local + Neuroleptanalgesia
- ❖ Day-Hospital 4-8 hours (minimal pain)
- ❖ Recovery Time 3-7 days
- ❖ Sexual Intercourse: 4-6 weeks

Record of Cases (284 Patients)

	Gen. 2006 Dec. 2014
Vulvar Rejuvenation	51%
Vaginal Rejuvenation	19%
Vaginal + Vulvar Rejuvenation	22%
Revision Labiaplasty	5%
Other Surgeries	3%

Specialists' Role in Gynecological Plastic Surgery

- ❖ to listen and to understand the patients requirements.
- ❖ to have experience in knowing what women look for and their reasons for wanting to undergo surgery.
- ❖ to suggest a reasonable and sensible surgical method in order to get best end results, in a functional way or esthetically.
- ❖ to have technical ability.
- ❖ to have a good eye and work accurately.

Patient's Wishes

**An unpleasant vagina is
like having white hair:
a sign of getting old**

**The desire is to obtain a
more attractive vulva and a
tighter vagina.**

What Kind of Modifications Do Women Ask For?



Vulvar Rejuvenation

Aesthetic improvements of the vulvar structure:

- ❖ Damage from Childbirth -Trauma
- ❖ Congenital abnormalities
- ❖ Asymmetry
- ❖ Damage from Aging
- ❖ Lipodystrophy

Why Do Women Ask for This Surgery?



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THANK YOU

FOR

YOUR ATTENTION!

