

Ethical Limits and Complications of Aesthetic Genital Surgery



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Gynecological Plastic Surgery

❖ **Vaginal Rejuvenation**

❖ **Vulvar Rejuvenation**

(Vulvar Aesthetic Surgery Procedures)

Patient's Desire

Why would a woman request a gynecological aesthetic surgery procedure?

- ❖ To improve the aesthetics of her vulvar structure
- ❖ To correct her vaginal structure in order to improve sexual gratification

Is It a Simple Surgery?

- ❖ Absolutely not!
- ❖ Do not underestimate complexity
- ❖ Requires thorough anatomical knowledge, precision, and experience

Adverse Outcomes

- ❖ Failures
- ❖ Relapses
- ❖ Temporary Complications
- ❖ Permanent Consequences

Complications

- ❖ Infections
- ❖ Post-op Haemorrhages - Hematomas
- ❖ Dehiscence— Painful and delayed healing
- ❖ Hypertrophic and/or e/o retracting scars
- ❖ Birth canal stenosis
- ❖ Asymmetries
- ❖ Dysesthesia – Reduction of sex drive (libido)
- ❖ Urination disorders
- ❖ Bladder perforation
- ❖ Rectal/vaginal fistulas
- ❖ Failures - Relapses

Labia Minora Labiaplasty Techniques

Author(s)	Year	Technique
Radman HM	1976	Straightforward Amputation
Hodgkinson, Hait G	1984	Aesthetic Straightforward Amputation
Alter GJ	1998	Central Wedge Resection (V-plasty)
Mass SM, Hage JJ	2000	Running W-plasty
Choi HY, Tai KK	2000	De-epithelialized Labiaplasty
Rouzier R et al.	2000	Inferior V-plasty
Matlock D	2004	DLV – Designer Laser Labiaplasty
Giraldo F et al.	2004	Central Wedge Nymphectomy with 90-degree Z-plasty
Munhoz AM et al.	2006	Inferior Wedge Resection and Superior Flap Reconstruction
Alter GJ	2008	Modified Central Wedge Resection with Antero-Lateral Clitoral Hood Excision
Ostrzenski A (Anecdotal)	2008	Fenestration Labiaplasty (FL)

Labia Minora Labiaplasty

- ❖ Color
- ❖ Shape
- ❖ Contour
- ❖ Symmetry
- ❖ Edge
- ❖ Vasculature
- ❖ Surrounding Appearance

Failed Labiaplasty



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Failed Labiaplasty



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Failed Labiaplasty



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Failed Labiaplasty Revision



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2 Months Later



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Failed Labiaplasty Revision



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Failed Labiaplasty Revision



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Failed Labiaplasty Revision



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Post-procedure Asymmetry



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Post-procedure Asymmetry



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Post-procedure Asymmetry



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Perineoplasty Dehiscence

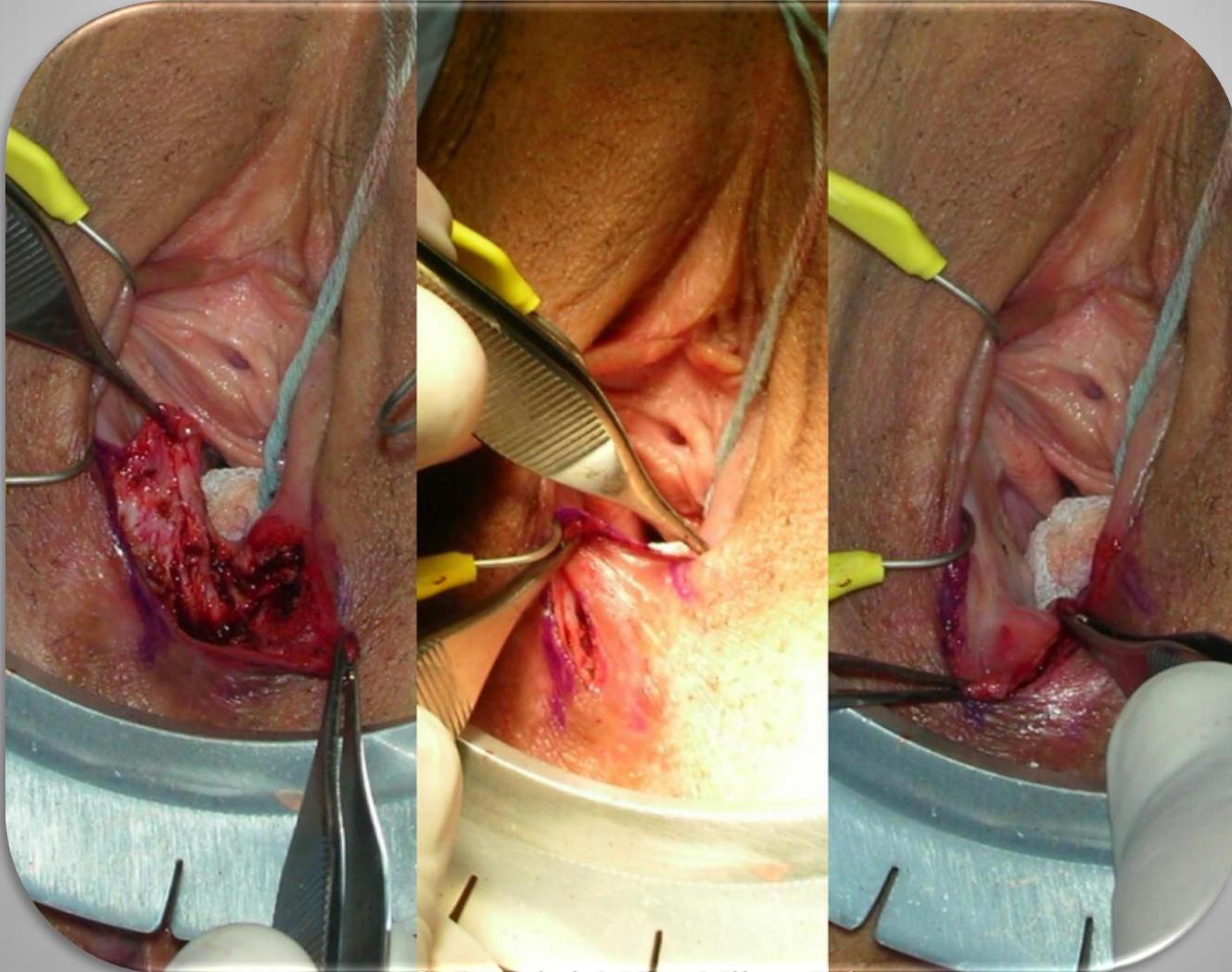


Post-perineoplasty Scar Tissue Stenosis, Introitus



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Scar Tissue Stenosis Revision: Z – Perineoplasty for Introitus Enlargement



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Z - Perineoplasty



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Labiaplasty + Fat Grafting...



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Ecchymosis - Hematoma



Ecchymosis - Hematoma



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.....20 Days Later



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After-effects: *Pseudo-amputation*



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After-effects: *Pseudo-amputation*



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After-effects: *Pseudo-amputation*



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Diamond Resection: *No Results*



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Diamond Resection: *No Results*



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After-effects of Shoddy Labiaplasty



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Revision of Shoddy Labiaplasty



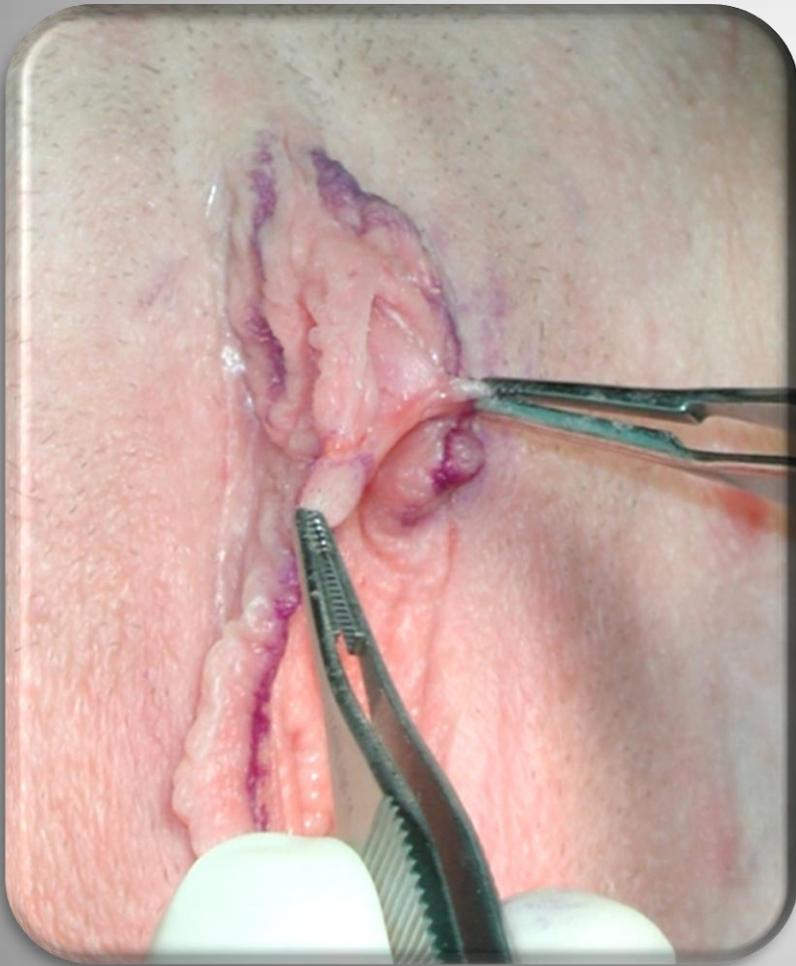
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Revision of Shoddy Labiaplasty

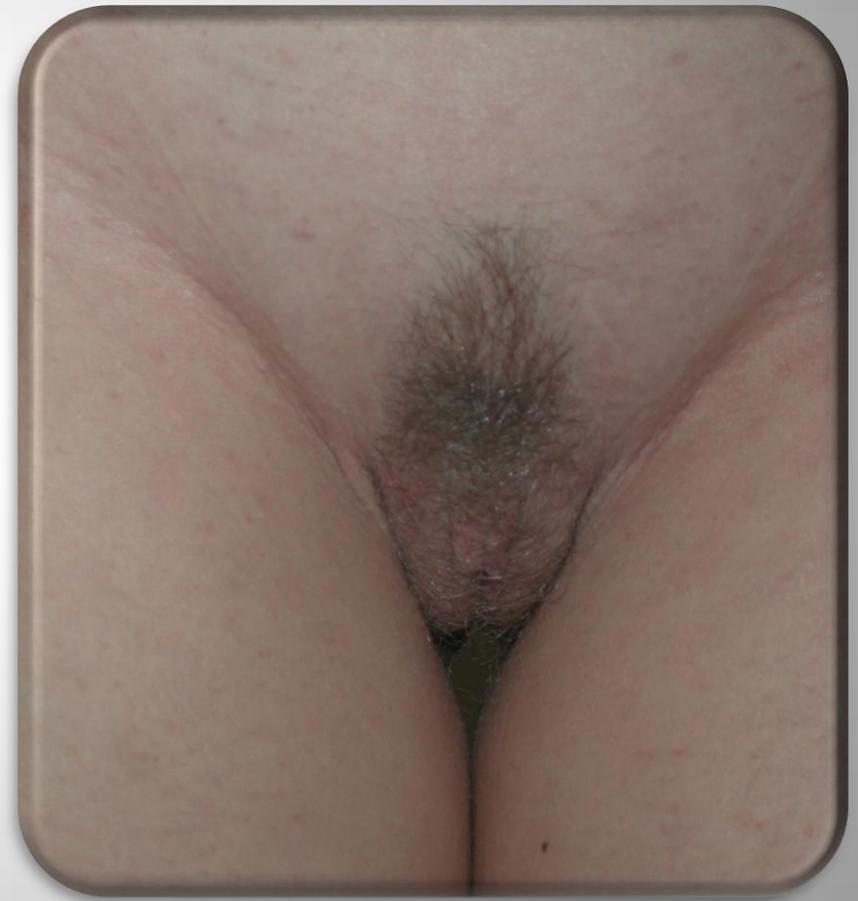


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Combination of Surgical Techniques



Result at 4 Months



Asymmetry L.Minor + Hypotrophy Major...

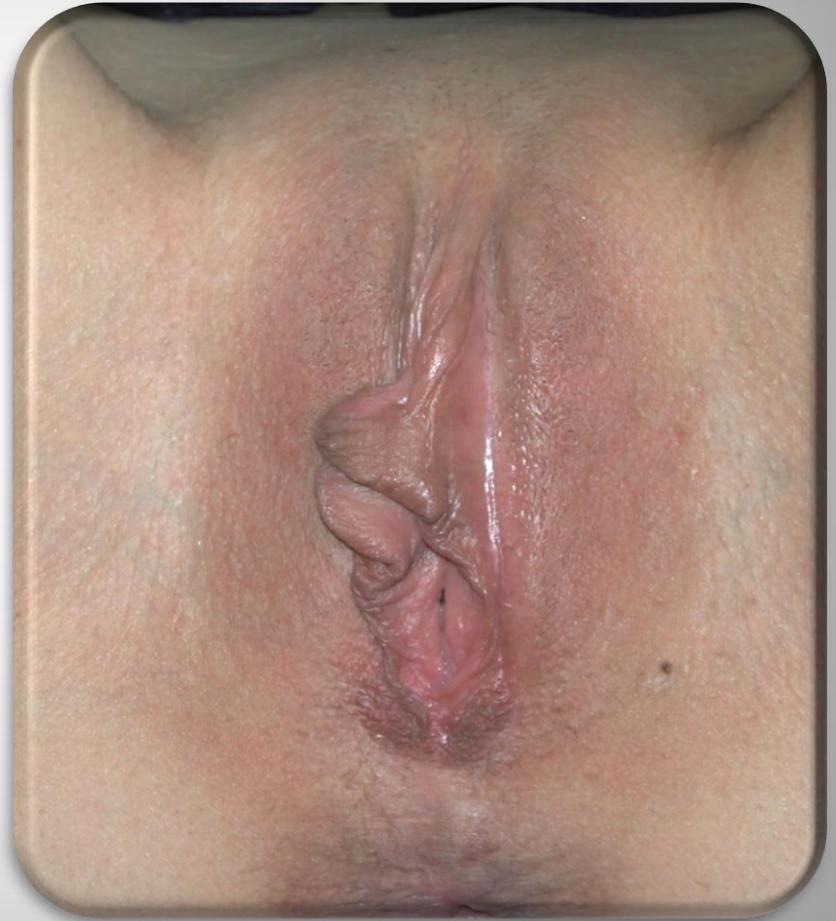


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...Combination of Techniques



Evaluation & Selection of Procedure



Tissue Removal with Contour Trimming...



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...and Fat Grafting



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45 Days Later



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45 Days Later



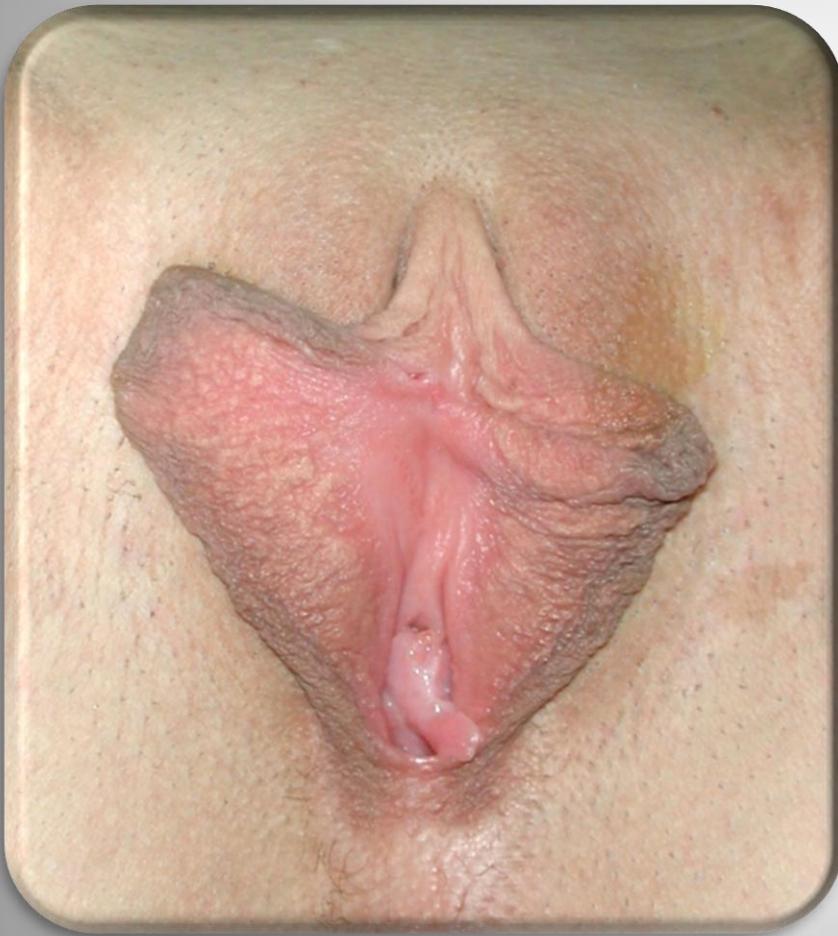
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Evaluation & Selection of Procedure



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Evaluation & Selection of Procedure



Simple Tissue Removal with Contour Trimming



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Simple Tissue Removal with Contour Trimming



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30 Days Later



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Cautious & Conservative Corrections



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Claim of Result

- ❖ Quality
- ❖ Precision
- ❖ Claim
- ❖ ... impossible...

A Case of Exaggerated Claim of Result



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Plastic surgeons, OB/Gyns and
Proctologists should actively
cooperate in order to offer women a
wider and more accurate range of
choices
regarding

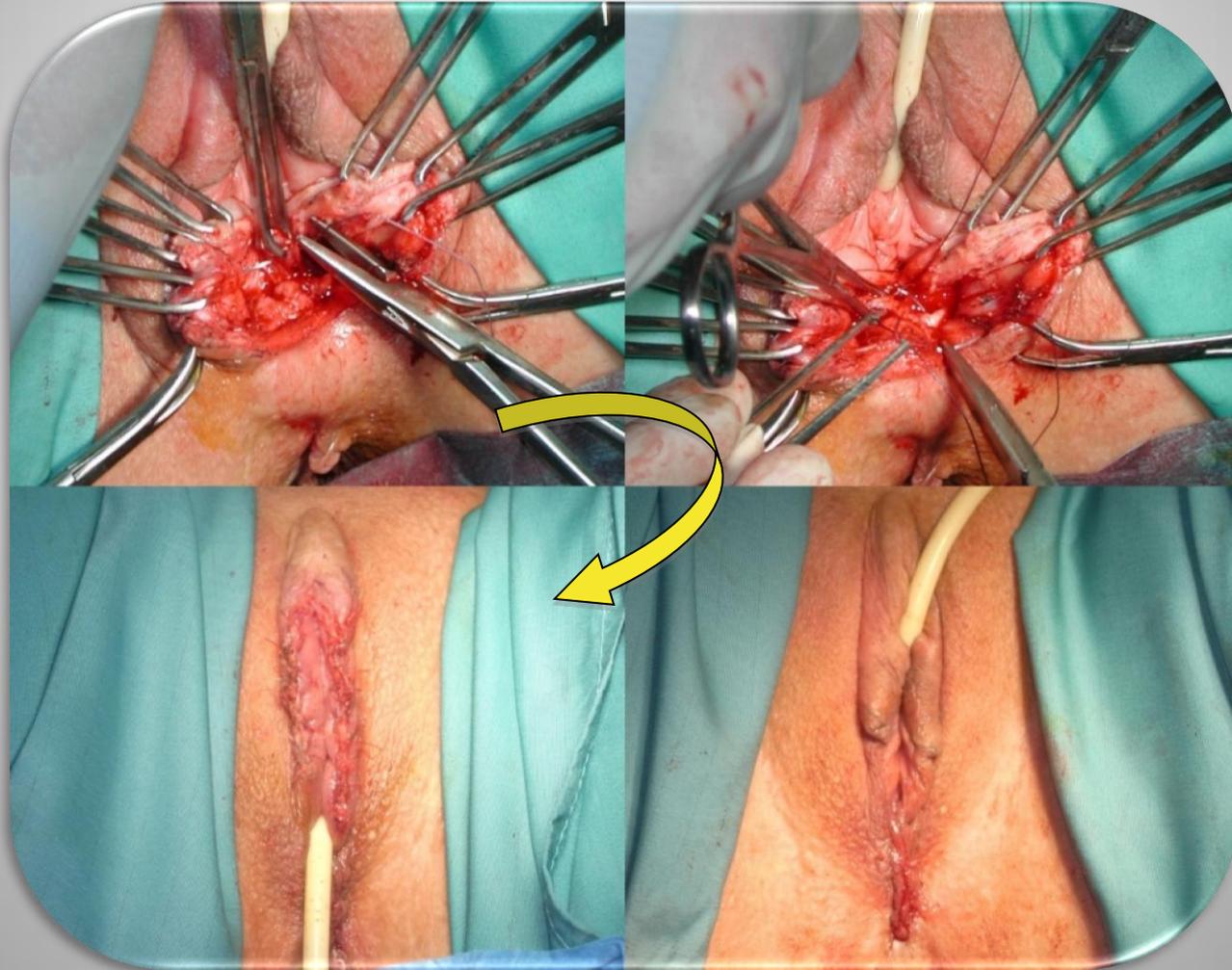
DIAGNOSIS and **TREATMENT**

A New Point Of View

Vaginal Corrective Surgery is:

- ❖ Rejuvenation Surgery
- ❖ Reconstructive Surgery
- ❖ Functional Surgery
(Urinary effort incontinence. perineal lacerations, rectocele, hemorrhoids, etc.)

... Colpoperineoplasty with Labiaplasty



Perineal Laceration With Rectocele



Rectocele Correction and Labiaplasty



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40 Days Later



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Records (284 Patients)

Gen. 2006
Dec. 2014

Vulvar Rejuvenation	51%
Vaginal Rejuvenation	19%
Vulvar + Vaginal Rejuven.	22%
Revision Labiaplasty	5%
Other procedures	3%

Complications (284 Patients)

❖ Hematomas	3 (1,05%)
❖ Paresthesias in the Clitoral region:	
permanent	1 (0,35%)
short-term	3 (1,05%)
❖ Asymmetries with revision surgery	6 (2,11%)
❖ Wound Dehiscence	2 (0,7%)
❖ Painful intercourse	2 (0,7%)
❖ Infections	0
❖ Hypertrophic scarring	0
❖ Birth canal stenosis	0
❖ Reduction of sensitivity and libido	0
❖ Other minor complications	0

Optimal Result

- ❖ Correct evaluation
- ❖ Selection of the most suitable technique
- ❖ Careful execution of procedure

THANK YOU