



X MIPS
Annual Congress
ISTANBUL
20-22 Nov 2025

Preliminary Programme

WELCOME MESSAGES



Dear MIPS Family,

It gives me great pleasure, as the President, to invite you to the TENTH MIPS Annual meeting, MIPS 2025. This year we will go to the beautiful city of Istanbul, Turkey's economic, cultural and historic capital. The city is a global hub for tourists with its unique geographical location straddling the Bosphorus Strait as the boundary between Europe and Asia and historical monuments from the Byzantine, Latin and Ottoman era. The meeting will be held on 20-22 November 2025.

Congratulations to our Host Chair: Professor Fulya Dokmeci and Co-Chair: Dr. Esra Cetinkaya, whom I am sure, will organize an excellent meeting to build on the outstanding success of our previous meetings. The scientific programme will be granted CME credits by the EACCME, and the conference proceedings will be published in Urogynecology, the official journal of the American Urogynecologic Society (AUGS). The topics include the most recent advances in female and male pelvic floor medicine with multi-disciplinary sessions tailored to health care provider's educational needs and training priorities as well as patient care in Mediterranean countries. This year, we will also hold parallel workshops of the Turkish Continence Society that would be very interesting to our Turkish colleagues. We are currently working on the final scientific programme and hope to publish the first announcement by the fourth week of February on the MIPS website.

See you all in Istanbul in November 2025!

Diah Rizk, MIPS President



Dear Colleagues,

We are delighted to invite you to the MIPS Annual Congress 2025, taking place from November 20th to 22nd in Istanbul. This year, the Mediterranean Incontinence & Pelvic Floor Society (MIPS) will focus on "Innovation & Current Developments in the Management of Urogenital Disorders". The congress offers an exceptional opportunity to stay updated on the latest

recommendations and advancements in the field, presented by world-renowned experts.

The three-day scientific program features a variety of engaging sessions, including mini keynote lectures, case-based discussion panels, and video presentations by leading experts. Additionally, selected oral presentations will provide a platform for young researchers to share their work, fostering collaboration and innovation. The program is designed to facilitate dynamic interactions among esteemed experts and participants, with hands-on workshops aimed at enhancing strategies for managing complex cases. Topics will span the latest advancements in the prevention, diagnosis, and treatment of female and male pelvic floor dysfunctions and their complications, presented in a multidisciplinary framework.

We are thrilled to host the 10th MIPS Annual Meeting in Türkiye for the first time. Istanbul, a city where history meets breathtaking natural beauty, will be the perfect backdrop for this event. Known for its unique location bridging Europe and Asia, Istanbul in November offers a quieter ambiance, vibrant autumn foliage, and an excellent opportunity to observe migratory birds along the Bosphorus and in the city's tranquil parks and gardens.

With its rich history, iconic landmarks, and stunning Bosphorus views, Istanbul promises to be a remarkable destination. We warmly invite colleagues from around the globe to join us for this unforgettable experience. The 2025 MIPS Congress will feature an interactive and multidisciplinary scientific program exploring the latest innovations in the field of pelvic floor disorders. We are also grateful to the Turkish Continence Society for their valuable contributions, including a concurrent half-day symposium on November 20th.

Thank you, and we look forward to welcoming you to Istanbul for a scientifically enriching and culturally memorable event!

Best regards

Fulya Dökmeci, Meeting Chair , Ş. Esra Çetinkaya, Meeting Co-Chair

	Thursday, November 20th		Friday, November 21st		November, 22nd			
08.30			Roundtable Discussion with Experts: Interpretation of Case-Based Urodynamic Traces	WS 2 Pelvic Floor Rehabilitation	Roundtable Discussion with Experts: Interpretation of Case-Based Pelvic Floor Ultrasound			
08.45								
09.00	Opening Ceremony		Session 3 Urinary Incontinence		Session 6 Chronic Pelvic Pain & female Sexual Dysfunction			
09.10	Stress urinary incontinence surgery- Female							
09.15								
09.30								
09.45								
09.55	<i>Coffee Break</i>							
10.00								
10.10	Mesh complications following MUS; How to manage?							
10.15								
10.30								
10.40	Panel		Session 6 Chronic Pelvic Pain & female Sexual Dysfunction					
10.45	Persistant SUI in ISD (+) fixed urethra							
11.00								
11.20	<i>Coffe Break</i>							
11.30								
11.35								
11.45	Keynote Lecture			Abstract Session UI	Abstract Session Pelvic Pain and FSD	Debate Management Strategies of Refractory Overactive Bladder		
11.55	Panel Management of PPI							
12.00								
12.15								
12.30								
12.45			<i>Lunch</i>				Abstract Awards & Closing Ceremony	
13.00	Registration/Lunch		<i>Lunch</i>					
13.15								
13.30	MIPS Opening Ceremony		Sponsored Session					
13.45								
14.00	Session 1 Urethral Structural Disorders in Women & Men		WS 1 Nursing in Urogynaecology	Session 4 Pelvic Organ Prolapse	Abstract Session Pelvic Floor Rehabilitation			
14.15								
14.30								
14.45								
15.00								
15.15								
15.30	<i>Coffe Break</i>		<i>Coffee Break</i>					
15.45								
16.00	Session 2 Dysfunction of the Urethra & Bladder		Abstract session Pelvic Floor Rehabilitation &Care	Abstract Session POP	WS 3 Hands on training on training boxes: Basic laparoscopy & V-NOTES skills			
16.15								
16.30								
16.45								
17.00								
17.15	Experts Video Session 1			Session 5 Female Colorectal/Anal Disorders				
17.30								
17.45								
18.00								
18.10								
18.15								
18.30								

Thursday, November 20th

Symposium of the Turkish Continence Society: Surgical Treatments of Stress Urinary Incontinence Surgery in Females & Males

09:00 - 09:10 | Opening Ceremony

Hall A

09:10 - 11:30 | Stress urinary incontinence surgery-Female

Hall A

09:10 Continence mechanism and physiopathology of stress type incontinence in female

09:25 Choosing surgical technique based on preoperative findings; How does invasive urodynamics help us?

09:40 Surgical treatment of SUI with concomitant symptomatic POP

09:55 *Discussion*

10:10 - 11:20 | Mesh complications following MUS; How to manage?

Hall A

10:10 Pain

10:20 Obstruction

10:30 Erosion/extrusion

10:40 - 11:20 | Panel: Persistent SUI in ISD (+) fixed urethra

Hall A

10:40 Pubovaginal Sling

10:50 Re-MUS

11:00 Urethral Bulking Agents

11:10 Artificial Urinary Sphincter

11:20 *Coffee break*

11:35 - 13:00 | Stress urinary incontinence surgery-Male

Hall A

11:35 - 11:55 | Keynote Lecture

Hall A

11:35 Physiopathology of postprostatectomy incontinence and preoperative techniques for prevention

11:55 - 13:00 | Panel: Management of PPI

Hall A

11:55 Conservative approach; diapers, clemps, peds and catheters

12:05 Pelvic Floor Muscle Training and medical treatment

12:15 Slings

12:30 Artificial Urinary Sphincter

12:45 Management of PPI in patients with recurrent bladder neck contracture

13:30 - 14:00 | MIPS 2025 Opening ceremony

Hall A

14:00 - 15:30 | Session 1: Urethral Structural Disorders in Women & Men

Hall A

14:00 Key anatomic structures of the urethra

14:15 Urethral structural disorders & diagnostic strategies

14:30 Current conservative management strategies & minimally invasive procedures

14:45 Urethroplasty techniques; outcome and gender specific considerations

15:00 Tissue engineering approaches & biomaterials to restore urethral integrity

15:15 *Discussion*

14:00 - 15:30 | Workshop 1: Nursing in Urogynecology

Hall B

15:30 *Coffee break*

16:00 - 17:15 | Session 2: Dysfunction of the Urethra & Bladder

Hall A

16:00 Management of female voiding dysfunction

16:15 Clinical importance of phenotyping in the management of OAB

16:30 The potential role of microbiota on LUT dysfunction

16:45 Recent updates on recurrent urinary tract infections

17:00 *Discussion*

17:15 - 18:15 | Experts Video Session 1

Hall A

16:00 - 18:00 | Abstract session: Pelvic Floor Rehabilitation & Care

Hall B

Friday, November 21st

08:30 - 09:30 | Roundtable discussion with experts: Interpretation of case-based urodynamic traces

Hall A

08:30 - 09:30 | Abstract Session Nursing

Hall B

09:30 - 11:30 | Session 3: Urinary Incontinence

Hall A

09:30 Initial management and workout of female urinary incontinence

09:45 Clinical importance of screening women for incontinence subtypes

10:45 Prediction of MUS success in women, based on clinical assessment

11:00 How to manage recurrent SUI

11:15 How to manage complications after antiincontinence surgery

08:30 - 11:30 | Workshop 2: Pelvic Floor Rehabilitation

Hall B

11:30 *Coffee break*

11:45 - 12:30 | Abstract session UI

Hall A

11:45 - 12:30 | Abstract Session Pelvic Pain and FSD

Hall B

12:30-13:00 | Sponsored Session

Hall A

13:00 *Lunch*

14:00 - 15:30 | Session 4: Pelvic Organ Prolapse

Hall A

14:00 Laparoscopic mesh sacrohysterocolpopexy; Update & Long-term outcomes

14:15 Alternative LS apical prolapse surgeries; when & how?

14:30 The vaginal approach to apical support defect

14:45 Robot-assisted pelvic floor reconstructive surgery; indications, surgical techniques, and the future

15:00 The role of deep learning for the diagnosis of pelvic organ prolapse and the prediction of outcome of prolapse surgery, where are we?

15:15 Discussion

14:30 - 15:30 | Pelvic Anatomy Video Session

Hall B

15:30 *Coffee break*

15:30 - 16:00 | Sponsored Session

Hall A

V-NOTES in Urogynecology: Indications, advantages and outcomes

16:00 - 17:00 | Abstract session POP

Hall A

17:00 - 18:10 | Session 5: Female Colorectal/Anal disorders

Hall A

17:00 Prevention of obstetric pelvic floor trauma

17:15 Key recommendations for the detection and repair of occult OASIs

17:30 Differential diagnosis & management of colorectal-anal dysfunction; what is the role of the posterior compartment?

17:45 Management of Anal Incontinence

18:00 Discussion

16:00 - 18:00 | Workshop 3: Hands on training on training boxes: Basic laparoscopy & V-NOTES skills

Hall B

Saturday, November 22nd

08:30 - 09:30 | Roundtable discussion with experts: Interpretation of case-based pelvic floor ultrasound **Hall A**

09:30 - 10:30 | Session 6: Chronic Pelvic Pain & Female Sexual Dysfunction **Hall A**

Moderators: Adolf Lukanovic, Safwat Tosson

09:30 Pelvic floor health and female sexual function

09:45 The overactive pelvic floor: Pathophysiology, clinical implications, evaluation & treatment

10:00 Understanding the female bladder pain syndrome & novel treatment strategies

10:15 Promising role of regenerative medicine in pelvic floor dysfunction

10:30 The role of energy-based devices in female sexual dysfunction

10:45 Discussion

11:00 *Coffee break*

11:30 - 12:30 | Debate: Management strategies of refractory overactive bladder **Hall A**

12:30 - 13:30 | Experts Video Session 2 **Hall A**

14:30 - 15:00 Abstract awards & Closing ceremony

SCIENTIFIC COMMITTEE MIPS 2025 ANNUAL MEETING

Mauro Cervigni (Chair), Fulya Dokmeci, Esra Cetinkaya, Enrico Finazzi Agrò, Themis Grigoriadis, Safwat Tosson, Ilker Şen, Diaa Rizk

UEMS/EACCME ACCREDITATION | CREDITS FOR EUROPEAN HEALTHCARE PROFESSIONALS

The MIPS Annual Congress, Istanbul, 20/11/2025 - 22/11/2025 will be submitted for the accreditation by the European Accreditation Council for Continuing Medical Education (EACCME®) for European CME credits (ECMEC®s).

ABSTRACT SESSIONS

Abstract submission 15 May – 31 July | WWW.MIPSNET.ORG

Presentation Methods: Oral (Podium) presentations.

Abstract Agreement: If your abstract is accepted for oral podium presentation, you will be asked to accept the following conditions:

- Present the lecture in the session format assigned to you by the Scientific Committee
- Register for the conference and assume responsibility for your own registration, lodging and transportation, as well as providing a substitute presenter in case of absence.

GENERAL INFORMATION

Congress Venue soon available

REGISTRATION

Registration online at www.mipsnet.org and www.defoe.it by 31 October 2025. After such deadline, registration will still be possible during the event, until reaching the maximum number of participants.

Registration Fees*

	MIPS MEMBERS		NON MEMBERS	
	By 31 Aug	After 31 Aug	By 31 Aug	After 31 Aug
MD, PhD	250,00 €	300,00 €	300,00 €	350,00 €
Nurses, Physiotherapists, Midwives	150,00 €	200,00 €	200,00 €	250,00 €
Resident/Trainee/ Research Fellow	100,00 €	120,00 €	120,00 €	150,00 €
Least developed countries	100,00 €	100,00 €	150,00 €	150,00 €
Trainees Least developed countries	50,00 €	50,00 €	70,00 €	70,00 €

* Fee is intended per person, in Euros, VAT free. The registration fee includes access to scientific sessions, workshops, certificate of attendance, CME related forms, digital copy of the MIPS 2025 Abstract Book, CME credits after fulfilling the required actions for accreditation. ** Requires letter from chair/supervisor with Registration Form.

CANCELLATION POLICY

Registration fees are 50% refundable by 31st July 2025; any banking fees are not covered by refund policy. After 31st July 2025, no refund will be issued.

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