



# MIPS



Mediterranean  
Incontinence  
and Pelvic Floor  
Society

## **VII MIPS** ANNUAL MEETING **VIRTUAL EDITION**

**25-27 June 2021**

MIPS President Diaa Rizk

### **Meeting Chairs**

Themistoklis Grigoriadis  
Charalampous Konstantinidis



Dear All,

In light of the ongoing Coronavirus (COVID-19) developments, and after careful and deliberate consideration, MIPS Executive Board has made the difficult decision to switch the VII MIPS face-to-face Meeting into a Virtual Congress.

Having spent the past year preparing the Meeting, MIPS feels genuinely sad not to be able to meet the members, delegates and sponsors this June.

Until recently, we were still optimistic about having the event taking place in person; however, due to the persistent outbreaks in the Mediterranean region, we think this, even if hard to make, shall be the best solution to safeguard everyone involved.

However, the MIPS executive Board and the Congress Chairs, Themis Grigoriadis and Charalampous Konstantinidis, fully intend to provide you all with scientific contents that will be provided virtually on 25-27 June 2021.

We wish to thank all the delegates already registered, industries interested in sponsoring the event, MIPS Committees for the dedication and support and, last but not least, the several abstract presenters.

We believe this new asset, even if unusual for MIPS, might bring new understanding and enrich even more the interaction with our members and sponsors. MIPS Executive and Scientific Committees are now working on the new asset in order to finalize the details and we'll share more information about it in the coming weeks.

We are very sorry for not welcoming you in Athens this year, but we know this is a very challenging time for everyone, and therefore really appreciate your understanding and support.

Please feel free to contact Defoe, our organizing secretariat for any further clarification.

Stay safe!

Diaa Rizk, MIPS President

Themis Grigoriadis - Charalampous Konstantinidis, Meeting Chairs

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Diaa Rizk  
Mauro Cervigni  
Themistoklis Grigoriadis  
Charalampous Konstantinidis

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Safwat Tosson | Gibraltar  
Panagiotis Vakas | Greece  
Dimitros Zacharakis | Greece



## CEST time zone

**FRIDAY, 25 JUNE**

16:30 - 17:00	<b>Opening Ceremony &amp; Welcome</b> <b>D. Rizk, T. Grigoriadis, C. Konstantinidis</b> <b>Dimitrios Loutradis - President of the Hellenic Society of Obstetrics and Gynecology</b> <b>Gerasimos Alivizatos - President of the Hellenic Urological Association</b> <b>Linda Brubaker - Chief Editor of FPMRS (Female Pelvic Medicine and Reconstructive Surgery) and Past President of AUGS (American Urogynecological Society)</b>		
17:00 - 18:00	<b>Session 1 - Chronic Pelvic Pain</b> <b>Chairs: F. Dokmeci, S. Gravas, A. Dellis</b>		
17:00	17:15	Male Chronic pelvic pain	A. Samarinas
17:15	17:30	Female Chronic pelvic pain	M. Cervigni
17:30	17:45	The role of Physical Medicine & Rehabilitation in evaluation and management of CPP	P. Manthos
17:45	18:00	<b>Discussion</b>	
18:00 - 19:00	<b>Session 2 - Female Stress urinary Incontinence</b> <b>Chairs: S. Tosson, T. Grigoriadis, E. Delorme</b>		
18:00	18:20	Synthetic tapes: still the "gold standard"?	P. Vakas
18:20	18:35	Morbidity from Burch and Autologous fascial sling. What women need to know?	A. Lukanovic
18:35	18:50	The role of physiotherapy	S. Schuster
18:50	19:00	<b>Discussion</b>	
19:00 - 20:00	<b>Session 3 - Postprostatectomy Incontinence</b> <b>Chairs: C. Konstantinidis, S. Arlandis, A. Papatsoris</b>		
19:00	19:15	Is there a way to prevent incontinence?	E. Liatsikos
19:15	19:30	Slings	I. Adamakis
19:30	19:45	Artificial sphincter	C. Errando
19:45	20:00	<b>Discussion</b>	



## CEST time zone

SATURDAY, 26 JUNE

8:00 9:00 **ABSTRACT SESSION 1****Moderators: T. Grigoriadis, S. Tosson**

Podium Presentations are scheduled to last 7 minutes (5 minutes for presentation, 2 minutes for discussion)

- 08.00 1 0 **IMPACT TO INTIMACY: THE CRYPTIC CONSEQUENCE OF PELVIC ORGAN PROLAPSE**  
Palm Sherrie
- 08.07 2 0 **UTERINE PROLAPSE: NUMERICAL SIMULATION OF A SYNTHETIC MESH TO REPAIR THE UTEROSACRAL LIGAMENT**  
Silva Elisabete, Bessa Jorge, Parente Marco, Mascarenhas Teresa, Fernandes
- 08.14 3 0 **VAGINAL HYSTERECTOMY UNDER LOCAL ANESTHESIA. BACKUP TECHNIQUE OR A FUTURE ROUTINE PRACTICE?**  
Zacharakis Dimitris, Grigoriadis Themis, Hadzillia Sofia, Pitsouni Eleni, Papalios Theodoros, Petrakis Evangelos, Athanasiou Stavros
- 08.21 4 0 **THE GREEK GUIDELINE ON THE MANAGEMENT OF 3RD – 4TH DEGREE OBSTETRIC ANAL SPHINCTER INJURIES**  
Litos Michail, Gregoriades Themistokles, Koukoura Ourania, Pantazis Konstantinos, Mikos Themistoklis, Lialios Georgios, Stavros Athanasiou
- 08.28 5 V **EXTENDING THE LIMITS OF VAGINAL HYSTERECTOMY UNDER LOCAL ANESTHESIA AND CONSCIOUS SEDATION**  
Zacharakis Dimitrios, Athanasiou Stavros, Kathopoulos Nikolaos, Kypriotis Konstantinos, Hadzillia Sofia, Kalantzis Christos, Grigoriadis Themis
- 08.35 6 0 **ANCHORLESS VAGINAL IMPLANT FOR THE TREATMENT OF ADVANCE PELVIC ORGAN PROLAPSE**  
Beck Anat, Levy Gil, Zines Yanai, Rosen-Shaubi Michal, Shemer Ofer, Pansky Moti
- 08.42 7 0 **PUBOCERVICAL "NEO-FASCIA" FOR THE TREATMENT OF ADVANCED ANTERIOR VAGINAL WALL PROLAPSE**  
Levy Gil, Padoa Anna, Marcus Naama, Beck Anat, Fekete Zoltan, Cervigni Mauro
- 08.49 8 V **TOTAL NATIVE TISSUE LAPAROSCOPIC APPROACH FOR THE TREATMENT OF POP AND SUI**  
Protopapas Athanasios, Kypriotis Konstantinos, Grigoriadis Themis, Zacharakis Dimitrios, Samartzis Konstantinos, Athanasiou Stavros
- 08.56 - 09.00 **General Discussion**

09:00 10:15 **Session 4 - OAB****Chairs: C. Konstantinidis, S. Arlandis, A. Apostolidis**

- 9:00 9:15 Pharmacologic therapies: a 2021 update
- 9:15 9:30 The use of botulinum toxin: from clinical trials to real life
- 9:30 9:45 **SIUD Lecture: Neuromodulation**
- 9:45 10:00 New molecular targets for OAB
- 10:00 10:15 **Discussion**

I. Mitsogiannis  
A. Apostolidis  
E. Finazzi-Agrò  
M. Silva Ramos

10:15 10:30 **Sponsored Session – SAJA**

Mirabegron the Golden Standard for OAB Treatment

Raouf Elbarnachawy

10:30 10:45 **Break**10:45 11:45 **Session 5 - Surgical treatment of POP - Controversies after the mesh crisis****Chairs: D. Rizk, M. Cervigni, A. Lukanovic**

- 10:45 11:00 No meshes needed: The art of transvaginal native tissue surgery
- 11:00 11:15 Laparoscopic approaches with meshes
- 11:15 11:30 Mesh Complications of POP surgery
- 11:30 11:45 **Discussion**

S. Athanasiou  
K. Drusany Staric  
E. Delorme



## CEST time zone

SATURDAY, 26 JUNE

**11:45 12:45 Session 6 - Female Sexual Dysfunction****Chairs: D. Lukanovic, D. Zacharakis, R. Koukoura**

11:45 12:00 The impact of urogynecological surgery on PFD related sexual dysfunction

F. Dökmeci

12:00 12:15 Lasers for FSD: What we know today, what is the future

S. Salvatore

12:15 12:30 Can we treat Female Sexual Dysfunction with Physiotherapy?

I. Ramirez Garcia

12:30 12:45 **Discussion****12:45 13:15 Keynote Lecture****Moderator: D. Rizk**

Energy based procedures for pelvic floor disorders:

M. Karram

Lasers, Ultrasounds and radiofrequencies

**13:15 14:15 ABSTRACT SESSION 2****Moderators: C. Konstantinidis, A. Lukanovic**

Podium Presentations are scheduled to last 7 minutes (5 minutes for presentation, 2 minutes for discussion)

**13:15 9 0 EFFICACY AND SAFETY OF ONABOTULINUMTOXIN A INJECTION IN MALE PATIENTS WITH DETRUSOR OVERACTIVITY AFTER STRESS URINARY INCONTINENCE SURGERY**

Mateu Arrom Laura, Sabiote Laia, Martínez Virginia, Palou Joan, Errando Carlos

**13:22 10 0 IS ONABOTULINUM TOXIN-A COMBINED INJECTION IN THE BOWEL PATCH AND THE BLADDER REMNANT A SAFE ALTERNATIVE TO BLADDER RE-AUGMENTATION?**

Sabiote Laia, Llorens Erika, Quiroz Yessica, Sierra Luis, Palou Joan, Bujons Anna

**13:29 11 0 SAFETY AND EFFICACY OF LOCAL ANESTHESIA FOR PELVIC FLOOR RECONSTRUCTIVE SURGERY: A SYSTEMATIC REVIEW AND META-ANALYSIS**

Prodromidou Anastasia, Zacharakis Dimitrios, Athanasiou Stavros, Douligeris Athanasios, Kalantzis Christos, Pontikaki Artemis, Grigoriadis Themis

**13:36 12 0 AN OVERVIEW ON THE USE OF PLATELET RICH PLASMA IN UROGYNECOLOGICAL AND AND PELVIC FLOOR DISORDERS**

Prodromidou Anastasia, Athanasiou Stavros, Zacharakis Dimitrios, Douligeris Athanasios, Kalantzis Christos, Pontikaki Artemis, Grigoriadis Themis

**13:43 - 13:54 General Discussion****14:15 - 15:00 MIPS ANNUAL GENERAL MEETING | For Members only**





## CEST time zone

SUNDAY, 27 JUNE

08:37 09:30 **ABSTRACTS SESSION 3****Moderators: F. Dökmeci, C. Errando**

Podium Presentations are scheduled to last 7 minutes (5 minutes for presentation, 2 minutes for discussion)

- 08:37 13 0 **Mobility and morphology of the urethra in women with urodynamic stress incontinence**  
Kalantzis Christos, Grigoriadis Themos, Zacharakis Dimitris, Pitsouni Eleni, Kypriotis Kostas, Petrakis Evangelos, Athanasiou Stavros
- 08:44 14 0 **Incontinence and prevention: vision in Slovenia**  
Jelar Anita
- 08:51 15 0 **The role of platelet rich plasma (PRP) for treatment of stress urinary incontinence**  
Kalantzis Christos, Athanasiou Stavros, Zacharakis Dimitris, Petrakis Vangelis, Pontikaki Artemis, Grigoriadis Themistoklis
- 08:58 16 0 **Revisiting Rehabilitation programs for Pelvic Floor dysfunction during COVID-19 pandemic**  
Emmanouil Dimitra, Manthos Prokopios, Vasilakis Renatos, Chados Alexandros, Zacharakis Dimitris, Grigoriadis Themos, Kagiouli Dimitra, Athanasiou Stavros, Rapiidi Christina-Anastasia
- 09:04 17 0 **Management of coital incontinence in women with multiple sclerosis**  
Tsionga Aikaterini, Samarinas Michael, Galanoulis Konstantinos, Kalogiannis Dimitrios, Skriapas Konstantinos
- 09:12 18 V **Video urodynamic pattern in patients affected with spine lesion versus other neurological diseases affecting micturition**  
Iona Leo, Delneri Cristina
- 09:19 19 0 **Pelvic floor muscle training for women with non-neurogenic voiding dysfunction**  
Tsiakaras Stavros, Samarinas Michael, Galanoulis Konstantinos, Kalogiannis Dimitrios, Skriapas Konstantinos
- 09:26 - 09:30 **General Discussion**

09:30 10:25 **Debate club-1 | Preoperative Urodynamics for SUI****Moderators: E. Finazzi Agrò, D. Sioutis**

- 09:30 09:50 Yes: The bladder is an unreliable witness
- 09:50 10:10 No: I trust my clinical judgment
- 10:10 10:25 Discussion

M. Serati  
D. Floratos10:25 11:15 **Debate club-2 | Caesarean section on maternal request to prevent POP and UI****Moderators: D. Rizk, A. Antsaklis**

- 10:25 10:45 Yes: A rightful choice
- 10:35 10:55 No: The risks outweigh benefits
- 10:55 11:15 Discussion

K. Blanas  
S. Jankovic11:15 11:30 **Meet the Sponsors**11:30 12:30 **Session 7 - Special Considerations for Neurogenic LUTS****Chairs: C. Errando, C. Konstantinidis, A. Rapiidi**

- 11:30 11:45 **SINUG Lecture:** Neurogenic Urinary incontinence
- 11:45 12:00 UTI's: Current Concepts in neurogenic patients
- 12:00 12:15 Challenges in intermittent catheterizations
- 12:15 12:30 Discussion

S. Arlandis  
S. Bajramovic  
R. Neves



## CEST time zone

SUNDAY, 27 JUNE

12:30 13:30 **Debate club-3 | Uterus preserving surgery for POP?****Moderators: T. Grigoriadis, M. Cervigni**

12:30 12:50 Yes: always if not contraindicated

12:50 13:10 No: this surgery is suboptimal

13:10 13:30 **Discussion**

N. Bazdakov

T. Mikos

13:30 14:00 **Closing Ceremony, Best Abstract Awards – MIPS 2022 Announcement****NON DISCUSSED E-POSTERS**

- 20** The MRI urethral rhabdosphincter's morphology in continent women  
Zacharakis Dimitris, Grigoriadis Themis, Bourgioti Chara, Pitsouni Eleni, Kalantzis Christos, Petrakis Evangelos, Athanasiou Stavros
- 21** Assessment of patient satisfaction with intravesical botox injection under local anaesthetics in two centres in the North West of England  
Faty Mostafa, Aboelsoud Mohamed, Babiker Ghasan, Garsden Michelle, Rashid Saba, Hosny Khaled
- 22** CO2-laser for the management of genitourinary syndrome of menopause: A randomized sham-controlled trial  
Pitsouni Eleni, Petrakis Vangelis, Grigoriadis Themis, Zacharakis Dimitrios, Athanasiou Stavros
- 23** Searching the web about meshes and tapes  
Vasileiadou Dimitra, Triantafyllidi Vera, Tzeferakos Dimitrios, Gerolymatos Andreas, Litos Michael
- 24** Inflammatory lesion interfering with pelvic reconstructive surgery  
Papamargaritis Efthymios, Vasileiadou Dimitra, Triantafyllidi Vera, Gerolymatos Andreas, Litos Michael
- 25** An update of current international guidelines and recommendations for the use of transvaginal meshes for POP and SUI  
Petrakis Evangelos, Grigoriadis Themis, Zacharakis Dimitris, Pitsouni Eleni, Athanasiou Stavros
- 26** The role of laparoscopic surgery in the treatment of advanced uterine prolapse.-A systematic review of the literature  
Rountis Argirios, Athanasiou Stavros, Zacharakis Dimitrios, Kalantzis Christos, Grigoriadis Themis
- 27** Comparison of pain characteristics between patients with over active bladder and healthy controls and determination of pain related factors in over active bladder  
Tufekci Bengisu, Sonmezer Emel, Bayrak Ömer, Tufekci Ahmet
- 28** Safety and efficacy of laparoscopic bilateral sacrouterine ligament reconstruction with polyvinylidene fluoride (PVDF) mesh  
Nadja Kukovič, Ksenija Kardoš Mohorko



## REGISTRATION

Register online at [www.mipsnet.org](http://www.mipsnet.org) by 10th June 2021. After such deadline, registration will still be possible during the event, until reaching the maximum number of participants.

### Take advantage of the MIPS member registration fees! Become a member now!

Registration Fees*	MIPS MEMBERS		NON MEMBERS	
	Until 31st March	After 31st March	Until 31st March	After 31st March
MD, PhD	160 €	200 €	200 €	230 €
Nurses, Physiotherapists, Midwives	100 €	130 €	130 €	160 €
Resident/Trainee/ Research Fellow**	70 €	70 €	100 €	100 €
Least developed country***	80 €	80 €	120 €	120 €
Trainees Least developed country***	50 €	50 €	50 €	50 €

\* Fee is intended per person, in Euros, VAT free. The registration fee includes access to the platform hosting the meeting, certificate of attendance, CME related forms, access to congress material after the meeting, digital copy of the MIPS 2021 Abstract Book, CME credits after fulfilling the required actions for accreditation.

\*\* Requires letter from chair/supervisor with Registration Form.

\*\*\* Based on the World Bank Classification. Requires proof of passport with registration.

Least Developed Countries: Afghanistan, Angola, Bangladesh, Benin, Bhutan, Burkina Faso, Burundi, Cambodia, Central African Republic, Chad, Comoros, Congo (Democratic Republic of), Djibouti, Equatorial Guinea, Eritrea, Ethiopia, Gambia, Guinea, Guinea-Bissau, Haiti, Kiribati, Lao People's Democratic Republic, Lesotho, Liberia, Madagascar, Malawi, Maldives, Mali, Mauritania, Mozambique, Myanmar, Nepal, Niger, Rwanda, Samoa, São Tomé and Príncipe, Senegal, Sierra Leone, Solomon Islands, Somalia, Sudan, Timor-Leste, Togo, Tuvalu, Uganda, United Republic of Tanzania, Vanuatu, Yemen, Zambia.

## CANCELLATION POLICY

Registration fees are 50% refundable by 30th April 2021; any banking fees are not covered by refund policy. After 30th April, no refund will be issued.

## UEMS/EACCME ACCREDITATION | CREDITS FOR EUROPEAN HEALTHCARE PROFESSIONALS

The VII MIPS Annual Meeting will be submitted to the European Accreditation Council for Continuing Medical Education (EACCME®) for accreditation of the scientific programme.

## ABSTRACT SESSIONS

Presentation Methods:

Oral (Podium) presentation      Video presentation      Non-Discussed E-posters

### Abstract Agreement

If your abstract is accepted for either oral or poster session, you will be asked to accept the following conditions:

- Present the lecture in the session format assigned to you by the Scientific Committee
- Register for the conference and assume responsibility for your own registration, lodging and transportation, as well as providing a substitute presenter in case of absence.

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## MIPS OFFICE

T. +39 0523 315144 | F. +39 0523 304695 | [info@mipsnet.org](mailto:info@mipsnet.org) | [www.mipsnet.org](http://www.mipsnet.org)





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