

# Winds of Change: Modern Management of Female Pelvic Floor Dysfunctions

## 1<sup>st</sup> Educational International Course

Palermo, 17-18 November 2023

Course Directors: Biagio Adile, Vito Chiantera

Endorsed by



ALAPP

Focus Fistula  
Improving Women's Health



Università  
degli Studi  
di Palermo



### INVITATION AND RATIONALE OF THE COURSE

Dear colleagues and friends

It is a great honour to welcome you to the International Course "Winds of Change: Modern Management of Female Pelvic Floor Dysfunction" to be held in Palermo on 17-18 November 2023.

The Scientific Committee has worked hard on the programme of the course and has proposed a number of innovative and interesting sessions.

Starting with the study of the anatomical, neuroanatomical and neurophysiological aspects of the pelvic floor, during the two days we will deal with the treatment of the most disabling female pelvic floor dysfunctions in an updated and very modern key.

We will discuss the use of radiofrequency, laser and other energies, effective surgical procedures, rehabilitation, imaging, prevention and good lifestyle, and aesthetic and functional gynaecology.

We are confident that, by the end of the course, delegates will have an up-to-date and practical insight into the management of pelvic floor disorders, with plenty of time for discussion and direct interaction with the distinguished guest speakers and moderators.

We would like to thank the Scientific Partner Societies and Institutions who have supported the course, recognising its scientific value, and wish all the colleagues and friends who will be joining us in Palermo a pleasant stay.

It will be a great pleasure to welcome many of you to the beautiful island of Sicily.

Biagio Adile – Vito Chiantera  
Course Directors

### PRELIMINARY PROGRAMME

#### Friday, 17 Nov 2023

08.30-09.00 Welcome & Introduction - Greetings from Local Authorities

#### SESSION 1 - FUNDAMENTALS OF PELVIC HEALTH (110')

Moderators: S. Mourad – G. Gugliotta – S. Palomba

09.00 The future is here: Anatomy of the Pelvic Floor in Metaverse 3D - Rogério de Fraga and Paulo Palma

09.40 Physiopathology of pelvic organ prolapse - David Castro-Diaz

10.00 Neurophysiology of micturition and defecation - Alfredo Ercoli

10.20 Clinical Assessment of Pelvic Floor dysfunction - Igor Vaz

10.40 Discussion

10.50 – 11.10 Coffee Break

#### SESSION 2 - FEMALE STRESS URINARY INCONTINENCE (65')

Moderators: P. Palma – B. Pinzello – V. Roncatti

11.10 SUI what, when, why and then what? - Tadeu Tamanini

11.25 Meatus radiofrequency: when, how and for whom? - Carla Becker

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11.35 Current status of surgical management of SUI - Sherif Mourad

11.50 SUI: Complications and Solutions - Biagio Adile

12.05 Discussion

### SESSION 3 - TREATMENT OF PELVIC ORGAN PROLAPSE: WHEN AND HOW? (120')

Moderators: R. De Fraga - G. Canzone - M. Gulizzi

12.15 Physiotherapy - Maura Seleme

12.30 Vaginal pessaries - Marco Torella

12.45 Surgical approaches: Real World Evidence - Stefano Palomba

13.00 Obliterative Procedures: Forgotten blue chips? - Mauro Cervigni

13.15 Discussion

13.30 14.15 Lunch

### SESSION 4 - LOWER URINARY TRACT SYMPTOMS IN WOMEN (75')

Moderators: S. Salvatore - H. Retto - L. Giambanco

14.15 Physiotherapy and behavioral management - Bary Berghmans

14.30 Medical management of OAB - Rogerio de Fraga

14.45 Managing refractory cases - David Castro-Diaz

15.00 Phenotypes of OAB - Paulo Palma

15.15 Discussion

15.30-16.00 Coffee Break

### 16.00-19.00 - VIDEO FORUM | SURGICAL PROCEDURES IN FEMALE PELVIC FLOOR DYSFUNCTIONS (180')

Moderators: T. Grigoriadis - H. Retto - V. Herman

1. Female genital cosmetic surgery: Aesthetic and function - Cosimo Oliva
2. Neo Vagina - Igor Vaz
3. Gynecologic Fistula - Igor Vaz
4. Sling TOT Retropubic - Paulo Palma
5. Colpocleisis - Virginia Roncatti
6. Non-Ablative Radiofrequency for Genito Urinary Syndrome - Carla Becker

### 16.00-19.00 HANDS ON WORKSHOP 1 - PELVIC FLOOR 360 (180')

Lecture: Anatomy learning using virtual reality - Rogerio de Fraga

Rotation 1: virtual reality experience - Rogerio de Fraga

Rotation 2: dynamic pelvic floor assessment using 3D models - Claudia Mueller

## Saturday, 18 Nov 2023

### SESSION 5 - LIFE EVENTS AND FEMALE PELVIC HEALTH (90')

Moderators: B. Berghmans - A. Perino - C. Oliva

08.30 Pregnancy, delivery and the pelvic floor - Helio Retto

08.50 The impact of aging on pelvic floor function - Stefano Salvatore

09.10 Obesity, inflammation and the pelvic floor - Virginia Roncatti

09.30 Exercise: friend or foe? - Maura Seleme

09.50 Discussion

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### SESSION 6 - NEW TECHNOLOGIES IN FEMALE PELVIC MEDICINE (80')

Moderators: D. Castro-Diaz – N. Colacurci – V. Leanza

10.00 LASER, non-ablative radiofrequency and other energies - Carla Becker

10.20 What does robotic surgery bring to the operating table? - Gaspare Cucinella

10.40 Advances in Diagnostic Imaging - Themis Grigoriadis

11.00 Mobile Apps: Fancy Gadget or Life-Changing Tool? - Maura Seleme

11.20 Discussion

### SESSION 7 - PREVENTION AND GENDER-SPECIFIC MEDICINE (60')

Moderators: S. Incandela, M. Torella, S. Palomba

11.30 Gynaecological infertility: which Prevention? - Giuseppe Gullo

11.45 Prevention in Obstetrics - M. E. Mugavero

12.00 HBV vaccine - Antonino Perino

12.15 Social aspects of endometriosis - V. Billone

12.30 - 13.00 Brunch

### 13.00 - 15.00 HANDS ON WORKSHOP 2- AESTHETIC AND FUNCTIONAL REJUVENATION OF THE FEMALE EXTERNAL GENITAL ORGANS (120')

Faculty: Carla Becker, Elena Fasola, Cosimo Oliva, Giorgio Adile

Testimonianza dei pazienti

#### Theoretical Part

Anatomy of the vulva

Aging of the female external genitalia

The use of hyaluronic acid in vaginal atrophy and vulvar dermatoses

The use of energy-based devices in vaginal atrophy and vulvar dermatoses

#### Practical Part

Hyaluronic acid vulvar biostimulation and labia mayora augmentation

Regenerative treatment by:

Radiofrequency application

Plasma exercises

Laser

### SCIENTIFIC COMMITTEE

Biagio Adile

Gaspare Cucinella

Paulo Palma

Diaa Rizk

Igor Vaz

### INVITED FACULTY

BIAGIO ADILE

GIORGIO ADILE

CARLA BECKER

BARY BERGHMANS

V. BILLONE

DAVID CASTRO-DIAZ

G. CANZONE

MAURO CERVIGNI

NICOLA COLACURCI

GASPARE CUCINELLA

ROGERIO DE FRAGA

ALFREDO ERCOLI

ELENA FASOLA

LAURA GIAMBANCO

THEMOS GRIGORIADIS

GIORGIO GUGLIOTTA

MICHELE GULIZZI

GIUSEPPE GULLO

V. HERMAN

S. INCANDELA

VITO LEANZA

SHERIF MOURAD

CLAUDIA MUELLER

M.E. MUGAVERO

COSIMO OLIVA

PAULO PALMA

STEFANO PALOMBA

ANTONINO PERINO

B. PINZELLO

HELIO RETTO

VIRGINIA RONCATTI

STEFANO SALVATORE

MAURA SELEME

TADEU TAMANINI

MARCO TORELLA

IGOR VAZ

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### LANGUAGE

Slides will be in English. Presentations will be in English and in Italian

### COURSE VENUE

AULA MAGNA ORDINE DEI MEDICI DI PALERMO

Via Rosario da Partanna 22, Palermo

### REGISTRATION

Register online at [www.defoe.it](http://www.defoe.it) by 31<sup>st</sup> October 2023. After such deadline, registration will still be possible during the event, until reaching the maximum number of participants. Registration fees are reserved to physicians, physiotherapists, nurses, midwives and other healthcare professionals. The registration rates include Congress Kit, access to Scientific Sessions, EU-CME papers, Certificate of Attendance.

WOC COURSE		
REGISTRATION FEES	Before 31/07/23	After 31/07/23
DOCTOR	250,00 €	350,00 €
NURSE, PHYSIOTHERAPIST, MIDWIFE	150,00 €	200,00 €
STUDENTS	50,00 €	75,00 €
HANDS ON WORKSHOPS		
WOC PARTICIPANT: 90,00 € FOR EACH WORKSHOP		
HANDS ON WORKSHOP 1 WITHOUT WOC COURSE: 220,00€		
HANDS ON WORKSHOP 2 WITHOUT WOC COURSE: 220,00 €		
HANDS ON WORKSHOP 1 + WORKSHOP 2 WITHOUT WOC COURSE: 300,00 €		

Participation in Hands-on Workshop 1 and Workshop 2 must be paid for separately and confirmed during the registration process.

Workshop 1 - Duration: 90 minutes. There will be a maximum of 15 participants per session, for a total of 30 participants.

Workshop 2 - Duration: 120 minutes. Space is reserved for up to 50 participants.

The cost of the workshops is 90 Euros for all participants of the WOC course.

It is possible to attend only the hands-on workshops. However, the cost would be 220 Euros.

### UEMS/EACCME ACCREDITATION | CREDITS FOR HEALTHCARE PROFESSIONALS

Event Reference Number: TBD

The Course will be submitted to the European Accreditation Council for Continuing Medical Education (EACCME®) for the accreditation of the scientific programme.

### CME PROVIDER & PCO



Tel.: +39.02.255.633.11 - [info@defoe.it](mailto:info@defoe.it) - [www.defoe.it](http://www.defoe.it)